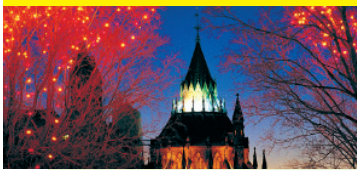


SCENE AND HEARD
DISCOVER THE BEST
THAT OTTAWA HAS
TO OFFER {pages 37-40}



EVA DID ATHLETE HUBBY CHEAT? DISH {page 34}



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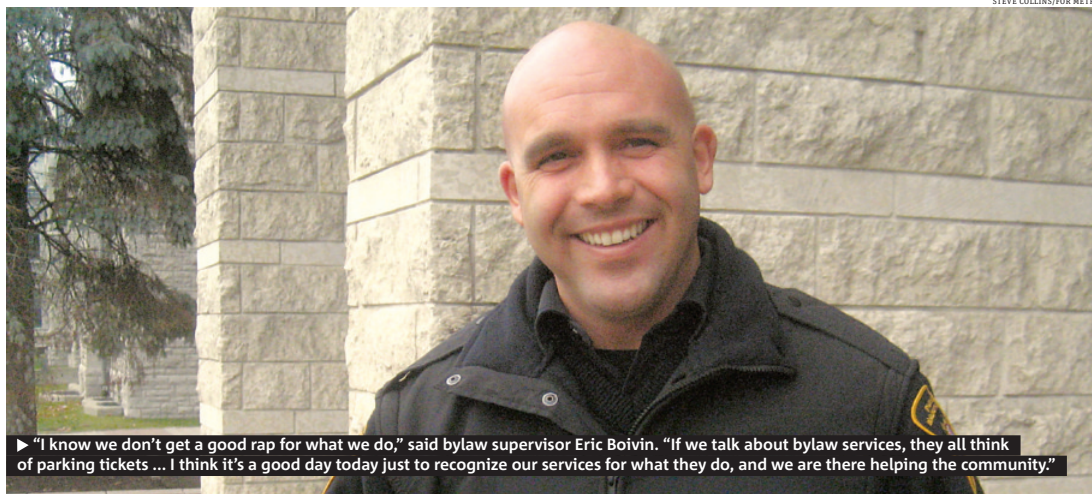


Sleep Therapy
Management

SEE PAGE 6
FOR DETAILS

Mighty meter man saves life

► Hero says all the attention is a bit overwhelming ► 'I'm not usually in the spotlight and I'd rather not be in the spotlight': Bylaw supervisor



STEVE COLLINS/FOR METRO

► "I know we don't get a good rap for what we do," said bylaw supervisor Eric Boivin. "If we talk about bylaw services, they all think of parking tickets ... I think it's a good day today just to recognize our services for what they do, and we are there helping the community."

Bylaw officers are often cursed for the tickets they leave on windshields; but on Thursday, the city praised one of them for saving a life.

Eric Boivin, a bylaw supervisor, received an Award for Heroism for rescuing a man who'd wandered onto the 417.

Boivin, 31, was driving on the Queensway at about 1:30 a.m. on Oct. 8

and stopped when he saw a man stumbling along the highway's shoulder.

The man, who appeared disoriented, then walked into oncoming traffic, surviving a near miss.

"A tractor-trailer went by and just missed him by inches, so close that the wind from it ... actually pulled him back."

Boivin spotted a break in traffic and

ran across four lanes to pull the man to safety.

"Without Eric's selfless intervention, the possible outcomes to this story are unthinkable," said Coun. Diane Deans, Community and Protective Services chair.

"Eric very clearly saved at least one life."

● STEVE COLLINS

News

There's the beef

► Defence Minister Peter MacKay airs frustrations over losing Emirates military base
► Quebec anti-corruption boss outed after allegations of ... corruption
{page 8}

X-Tina tests her acting chops

Pop diva takes on
new challenge
in feature film
Burlesque {page 23}



AMAs packed with performers

Santana, Pink among lineup
on Sunday award show {page 32}

Don't put that in your mouth

Eat This offers low-calorie
options on fast food {page 41}

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1 news



CSI: 1600s Prague as scientists search for the cause of an astronomer's death 400 years ago. Scan code for the story.

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On the web at metronews.ca

A game of This Day in November proves this month is a wacky one for the music world. More at metronews.ca/backbeat

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Lessons lie in our history: Kenney

Newcomers to Canada who have their sights set upon becoming citizens need to have "a solid basic understanding of Canada's past and the development of our political institutions," said the Minister of Citizenship, Immigration and Multiculturalism on Thursday.

"Can we be certain that they can exercise their responsibilities and rights as citizens unless we present them with the historical context in which their rights and responsibilities

derive?" asked Jason Kenney.

Experts from around the world gathered at the third annual National Forum on Canadian History to talk about the importance of preserving a country's history and increasing the understanding of its values, symbols and institutions.

The digital age has transformed history's documentary process, according to Daniel Caron, a librarian and archivist of Canada.

"In today's world, it is almost impossible to talk about history and identity without making a reference to digital technology ... The digital age is forcing all of us to rethink our attitudes, our practices and our teaching methods. We live in an age where to search is everything and value is defined as searchable."

"We need new ways of interacting, new ways of engaging with each other and sharing."

● TRACEY TONG



► Immigration Minister Jason Kenney was the keynote speaker at Thursday's event.

One Change can make all the difference

► 'Checking tire pressure once per month can save two weeks' worth of fuel,' says organization

Gas prices in Ottawa are soaring again, leaving residents wondering how they can save money on fuel wherever they can.

That's where One Change comes in. The Ottawa-based non-profit organization blitzed the streets of downtown Thursday, handing out free tire gauges.

If each person takes a little step like this, it will snowball into something bigger as more people do it, said Angel Ouellet, after receiving the tire gauge on Sparks Street.

Campaign manager Lara Wong was one of several staff who taught people how to use the gauges and how they can save on fuel.

"It's easy and people don't realize that," said Wong.

● JOE LOFARO

The numbers

- Driving with properly filled tires can save over \$600 million worth of fuel per year in Canada.
- Tires naturally lose pressure over time — as much as two pounds of pressure per month.
- Canadian drivers waste enough fuel each year to fill 257 Olympic-sized swimming pools because their tires are underinflated.
- One Change distributed more than 13,000 tire gauges last year as a pilot project.

140 The number of kg of CO₂ emissions each gauge will help cut.



► A One Change staff member hands out free tire gauges to passersby on Sparks Street Thursday as the organization carried out its fuel efficiency campaign in Ottawa.

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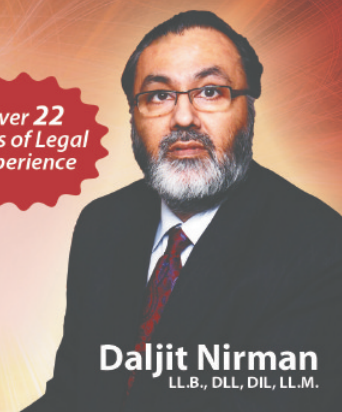


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60 seconds



► "They're the appetizer, I'm the main course," said Debra DiGiovanni about her show in Ottawa next week.

DEBRA DIGIOVANNI

"I THINK THERE'S SOMETHING ABOUT ME THAT RESONATES WITH WOMEN"

Toronto-based stand-up comedian Debra DiGiovanni, who has appeared at the Just For Laughs Festival and Last Comic Standing, comes to CentrepoinTE Theatre next Thursday.

So, without giving away all the punchlines, what's your show about?

"I talk about what's going on in my life right now. It's about being a single woman in my late 30s, and being on the road. All my friends are having babies. I'm amidst a sea of babies. It's strange. People have babies and they want to be around people that have babies and they want to talk about stuff that comes out of babies. I'm not in the same seg-

ment of life as a lot of my friends."

Do you think a lot of people can relate to that?

"I think so. I have a large female following ... I feel quite lucky about that. When people connect with you on that level, that's when you create fans."

What's the best advice you've ever gotten?

"A comedian friend said, 'if you're ever stuck, leave the house.' Humans are full of funny little moments and situations that could be turned into comedy. So get dressed, go on a day's adventure, and the comedy will come."

● TRACEY TONG

Veterans advocate settles suit with feds

ADRIAN WYLD/THE CANADIAN PRESS



► Sean Bruyea is seen in an interview in September.

► Gulf War vet launched privacy lawsuit after hundreds of bureaucrats accessed his files

A military veteran whose sensitive medical files were passed around by federal bureaucrats in an apparent effort to discredit him has settled his lawsuit with the Government of Canada.

Sean Bruyea, a leading advocate for better treatment of wounded veterans and their families and a sharp critic of current government policy, announced the settlement Thursday.

Bruyea, who served in the Gulf War, launched a \$400,000 suit in September after he discovered that his files had been accessed by hundreds of federal bureaucrats, including policy-makers. Privacy commissioner Jennifer Stoddart ruled this fall that Bruyea's case was "alarming" and the treatment of his personal information was "entirely inappropriate."

"The veteran's sensitive medical and personal information was shared — seemingly with no controls —

"My wife and I are relieved that after five years of despair we have taken back ownership of our lives."

SEAN BRUYEA, IN A STATEMENT

among departmental officials who had no legitimate need to see it," Stoddart said at the time.

Terms of the settlement remain confidential but Bruyea said he'll continue his advocacy work on behalf of veterans. He had previously insisted he would not accept a settlement that included a gag order.

In his suit, Bruyea alleged bureaucrats wanted to use his psychiatric reports to "falsely portray me and my advocacy to help other veterans as merely a manifestation of an unstable mind." THE CANADIAN PRESS

Sounds funny, but Toilet Day has a message

Friday is World Toilet Day, and at the University of Ottawa toilets will adorn Tabaret Lawn for an event elegantly named The Big Squat.

While the whole concept might provoke snickers, Kristine Houde, uOttawa's health promotion manager and organizer of Friday's events, said that there's an

important message behind the silliness.

"Half the world's population doesn't have access to toilets or proper sanitation," she said.

"It affects women and children more than it affects men, but basically it leads to water-borne illnesses like diarrhea, a leading cause of death for chil-

2.6

Billion people worldwide who lack access to proper toilets.

to 2 p.m. at the Agora, offering information on global and local water, health and sustainability issues, and a squat-a-thon, for which Houde said she's been training.

"I don't think I'm the best or the longest squatter on campus, she said, "but I'll try anyway."

● STEVE COLLINS

dren." Other activities at the university include a sanitation fair from 10 a.m.

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WEEKEND, NOVEMBER 19-21, 2010

Film fest fetes Euro cinema

► Belgian comedy *A Perfect Match*, starring Jan Decleir, opened this year's festival



STEVE COLLINS
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What's on

A few of this year's EUFF offerings, all of which are Ottawa premieres:

- *Kawasaki's Rose* (Jan Hrebek, Czech Republic)
- *Athanasia – Well Kept Secrets* (Panos Karkanevatos, Greece)
- *Of Gods and Men* (Xavier Beauvois, France)

light of day in Ottawa, so it's a really great opportunity to catch up on European cinema."

The festival runs until Dec. 5 in the Auditorium of the Library and Archives Canada. Tickets are \$12 or \$8 for Canadian Film Insti-



tute members, seniors and students. For the first time, advance tickets are available in addition to tickets at the door.

Ottawa movie lovers get perhaps their only chance to see some acclaimed films from across Europe at the European Union Film Festival, which launched its 25th season Thursday night.

"The essence of the festival and the fun of it is that you can go and see something that's almost impossible to see, unless you live in Toronto and Montreal where they have the big, big film festivals," said organizer Tom McSorley. "There's 26 films this year and probably 24 of them will never see the

2 sought in drugstore shakedown

Police seek two suspects following a narcotics robbery at a Pharma Plus Drug Store in the 800 block of March Road Wednesday night.

At around 8:40 p.m., two males entered the store and demanded drugs. They obtained an undisclosed amount and fled in a vehicle described as a blue Nissan SUV.

Police are now seeking two English-speaking white males. The first is six-foot-two with a stocky build and the second is five-foot-eight with a slim build. ● TRACEY TONG

Seniors out after house blaze

Two elderly residents have been displaced after a fire caused extensive damage to their bungalow at 924 Fisher Ave. Thursday morning. Emergency workers were called to a fire at 5:40 a.m., where two residents managed to escape before firefighters' arrival. A woman was taken to hospital for minor smoke inhalation injuries. Forty-three firefighters in 15 vehicles got the fire under control within half an hour, but not before it killed a pet cat and caused over \$275,000 in damages. ● TRACEY TONG

Over 400 charged in belt blitz

Police charged over 400 people during a seatbelt blitz last month for failing to buckle up or use required child seats.

The city's Integrated Road Safety Program issued 419 tickets to vehicle occupants for failing to use a seatbelt or ensure the use of required child car seats. Of the 89 child passengers observed, 49 were using or sitting in the appropriate restraint for their height, weight and age. Of the 37 child car seats checked, fewer than half were properly installed. ● TRACEY TONG

Recycling bins can't read.

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News worth sharing.

Canon

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Anti-corruption boss gets boot over crooked finance allegations

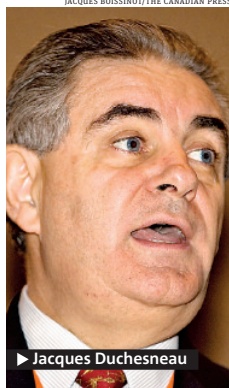
► 'I cannot accept that my reputation would be sullied so gratuitously,' says ex-Montreal police chief

The head of a Quebec anti-corruption unit has been forced to step aside over allegations of crooked financial reporting.

Jacques Duchesneau, a former Montreal police chief and a onetime head of the Canadian Air Transport Security Authority, has temporarily left his post in Quebec's Transport Department.

He had been leading an anti-corruption unit tasked with examining reports of bid-rigging in public infrastructure contracts.

Such allegations have been at the heart of a year-long controversy involving construction companies, well-connected businessmen, and crime groups



► Jacques Duchesneau

like the Mafia.

There have been numerous demands for a public inquiry and the Charest

government has become deeply unpopular over its refusal to call one.

Duchesneau has agreed to step aside following a newspaper report that he convinced a political organizer, when he was running to become Montreal's mayor a decade ago, to provide false financial paperwork.

Duchesneau says that, while away from the job, he will fight for his reputation.

"I refute the allegations made against me. I am even outraged by them," he told the media, delivering a brief statement without taking any questions at a news conference.

THE CANADIAN PRESS

Kandahar. Return



► Maj. Rob McKenzie, commander A Squadron of the Lord Strathcona Horse Regiment, is shown in Kandahar on Thursday.

MURRAY BREWSTER/THE CANADIAN PRESS

'Tanks very much, Germany'

Canada has started returning some of the Leopard tanks it borrowed from Germany as the country nears the finish line of its war in Kandahar.

16 Sixteen of Harris's pieces are up for sale at the Heffel Fine Art Auction scheduled for Nov. 25.

Harris art on block

Group of Seven artist Lawren Harris's work has been a big lure at auctions in Canada in recent years

— raking in millions of dollars — and now more pieces will hit the auction block. THE CANADIAN PRESS

MacKay takes cap off U.A.E. frustrations

Defence Minister Peter MacKay has laid bare his frustrations over Canada's recent dispute with the United Arab Emirates.

MacKay told a Conservative senator on Wednesday that the ruckus over airline landing rights cost Canada the use of a key military base and suggested it will take 10 years to repair relations with the U.A.E.

He made the comments to Senator Michael

Meighen, who had asked MacKay why he was wearing a "Fly Emirates" baseball cap. The remarks were heard by Astral Media Ottawa reporter Daniel Proussalidis, who was standing with the pair.

The minister refused today to discuss his remarks to Meighen, saying they were private.

He was more guarded though, as he spoke to reporters before leaving with Prime Minister Stephen



► MacKay

Harper for the NATO leaders summit in Portugal.

"We have some work to do in repairing the relationship with the U.A.E.," MacKay said.

The emirates were home to a Canadian military base that was a key staging ground for support of the mission in Afghanistan. The Canadian Forces had to hurriedly vacate Camp Mirage last month.

"Clearly, the circum-

stances under which we left the base require now some work," MacKay said.

MacKay said he is satisfied with the alternative arrangements the Forces have since made with Cyprus and Germany to supply the mission in Afghanistan.

"My primary concern is that we continue to have operational efficiencies, we have to continue to supply personnel, equipment going into the

Air dispute

The U.A.E. ordered the Forces out after a dispute over Canadian landing rights for its airlines, Emirates and Etihad.

Afghanistan theatre."

The future of the NATO-led mission in Afghanistan will be high on the summit agenda.

THE CANADIAN PRESS

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It's night, so the doctor is ... out

- MDs who work 'bankers' hours' rile Canadians, survey reveals
- Evenings, weekends are difficult

Sick of your family doctor working the same hours as bankers?

You're not alone.

The Health Council of Canada researched health-care systems in 11 countries and found that Canadians have the most trouble visiting their doctors after hours.

"Canadians have the greatest difficulty accessing care in the evenings, on weekends, and on holidays — anywhere other than in the emergency department," says the survey.

Canadians are also the biggest users of emergency room services — with 44 per cent of re-

Prescription

- The survey collected answers from about 20,000 adults in Canada, Australia, France, Germany, the Netherlands, New Zealand, Norway, Sweden, Switzerland, the U.K. and the U.S.
- The Canadian sample size was 3,309 people.

spondents saying they had been to the ER at least once in the past two years. Forty-seven per cent said they would have gone to their usual clinic if it had been available.

TORSTAR NEWS SERVICE

Los Angeles. A tall tale



► An official reads the tale of the tape as Wayne and Laurie pose at a Guinness ceremony Thursday in Los Angeles.

NICK UT/THE ASSOCIATED PRESS

Made for each other?

Wayne and Laurie Hallquist have been pronounced man and wife — and Tallest Couple to Wed by Guinness World Records. He is six-foot-11, she is six-foot-five.

Reefer madness: Mom gives child pot

A woman on Thursday admitted giving her two-year-old daughter marijuana and using her cellphone to record the child smoking it.

Jessica Gamble, 21, pleaded guilty in Cincinnati to corruption of another with drugs and tampering with evidence, officials said.

Prosecutors dropped a child endangering charge in exchange for the plea, prosecution spokesperson Julie Wilson said.

Vivid video

- A cellphone video shows the Gamble toddler handling and puffing on a marijuana cigarette.
- It came to authorities' attention after someone gave a copy of the video to a family services agency.

Gamble faces a maximum sentence of six and a half years.

THE ASSOCIATED PRESS

Ice storm hits NASA spacecraft

Talk about bad weather.

A NASA spacecraft hurtled through a cosmic ice storm during a recent flight past a comet.

But it came out unharmed, scientists reported Thursday.

The Deep Impact craft

9 It appears Deep Impact got hit nine times by icy particles, officials said.

flew within 435 miles of comet Hartley 2 on Nov. 4.

Images reveal a blizzard of white specks surrounding the comet. "Those are not stars. Those are all chunks of ice," said Michael A'Hearn of the University of Maryland.

THE ASSOCIATED PRESS

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'Running won't do you any good': Stalker

- ▶ 'This case involves a lifetime of terror': Prosecutor
- ▶ Shrader dated the woman in high school — in 1975

A West Virginia man's obsession with an ex-girlfriend led him to kill her mother and a friend, and then to stalk her for decades — even after he went to prison, court officials say. Now his obsession has netted him a new prison sentence of nearly 20 years.

Thomas C. Shrader was sentenced Thursday to 19 years and seven months.

U.S. District Judge Irene Berger opted for the maximum under proposed penalties for offenders deemed armed career criminals.

"You've refused to move on. You've refused to let go, causing such difficulties," Berger told the 56-

Prison past

While in prison, Shrader tried to sue the ex-girlfriend, alleging she had promised to marry him. He also escaped from the McDowell County Jail in the late 1970s.

In the 2009 letter, he told the woman he had gone to her house to look for her while on the lam.

He pleaded guilty to escape in 1979, adding a year to his earlier sentence.

year-old.

"You've pursued this obsession for about 35 years.

The sentence is appropriate and necessary."

Separate juries had found Shrader guilty earlier this year of interstate stalking and of being a felon in possession of firearms.

Most recently, Shrader had tracked down the woman and her family in Texas before phoning her, and then last year sending her a 32-page ultimatum that warned, "Running won't do you any good."

The FBI found long guns in Shrader's Mercer County home when he was arrested after sending the letter.

Shrader is appealing his convictions.

THE ASSOCIATED PRESS

China. Justice



▶ Karen Patterson with her husband's lawyer.

ANDY WONG/THE ASSOCIATED PRESS

Fighting for freedom

Karen Patterson of Calgary is doing everything she can to draw international attention to the plight of her husband, Chinese artist Wu Yuren. Wu led a daring march toward Tiananmen Square earlier this year, and is now facing trial for a scuffle with police that his supporters say is revenge for his work.

Hong Kong officials try to calm bird flu fears

Hong Kong's health secretary says there is no increased risk from imported poultry after the territory confirmed its first case of human bird flu in seven years.


York Chow's comments come amid concern that the case involving a woman hospitalized after returning from mainland China threatens public health in Hong Kong.

Chow said Thursday that he had been assured by Chinese government officials that the poultry Hong Kong imports was safe.

After Hong Kong's government confirmed the 59-year-old woman's case Wednesday, it raised the bird flu alert to "serious," meaning there is risk of contracting the disease within the territory.

THE ASSOCIATED PRESS

6 people died in the first outbreak of the bird flu virus in Hong Kong in 1997.




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Who is paying for wedding?

► Westminster Abbey leapt to the front of venues ► Millions could be shaved off tab due to free offers

The Queen and Prince Philip married at the Abbey, as did the Queen's parents. Prince William was 15 when his mother, Diana, was buried there in a funeral said to cost \$8 million. The wedding of Kate Middleton and the second in line to the throne will cost at least four times that, according to some estimates.

"Both the Prince of Wales and the Queen are likely to contribute toward the cost of the wedding," a St. James Palace spokesman said. "It will be a family contribution, but no final decision has been made."

THE ASSOCIATED PRESS

Talking cash

The wedding 29 years ago of William's parents, Prince Charles and Lady Diana Spencer, cost about \$49 million.

► Security Taxpayers would still have to finance the security tab, with estimates fluctuating wildly between \$32.5 million and \$130 million.

► Queen's wealth "The Queen's personal wealth is estimated at (\$475 million)," said Jenny Jones, a Green Party politician. "I just think she has got to pay for it."

Sweden. Courts



► Prosecutor Erika Lejnors leaves the court in Stockholm after an international arrest warrant was issued for WikiLeaks founder Julian Assange after a court approved a request to detain him for questioning in a rape case Thursday.

LEIF R. JANSSEN/THE ASSOCIATED PRESS

WikiLeaker faces rape rap

Australian Julian Assange is suspected of rape, sexual molestation and unlawful coercion in an investigation that stems from his encounters with two women during a visit to Sweden in August.

Opposition bashes reform fast track

A bid to fast-track Stephen Harper's Senate reform agenda has been rejected by opposition parties as a cynical ploy by an anti-democratic government.

The Harper government asked for unanimous consent Thursday to accelerate passage of a bill that would limit unelected senators to a single, eight-year term.

The move would have sent the bill directly to the Conservative-controlled upper house, dispensing



► Prime Minister Stephen Harper

with any further debate, committee study or votes in the House of Commons. But none of the three opposition parties agreed to the move.

THE CANADIAN PRESS

Sex charges for teen dropped

Prosecutors have dropped all sex-related charges against a 15-year-old New Jersey girl who was accused of selling her seven-year-old stepdaughter to a group of men and boys for sex at a party.

The Trenton teen was

2 Two adults and three boys ages 13, 14 and 17 also have been charged in the case.

charged in March with aggravated sexual assault, criminal restraint, terroristic threats, promoting prostitution and endangering the welfare of a minor. She pleaded guilty in juvenile court to child endangerment this week and was sentenced to a year.

THE ASSOCIATED PRESS



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Cozumel

Travel Nov 20 - Jan 27/ts + taxes & fees \$293

Vancouver

Travel Nov 24/ac + taxes & fees \$76

New York

Travel Jan 19 - Feb 2/ac + taxes & fees \$115

Las Vegas

Travel Jan 19 - Feb 2/dl + taxes & fees \$127

Cancun Christmas

Travel Dec 21 - Dec 28/ts + taxes & fees \$293

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Champions World Resort + taxes & fees \$247
INCLUDES central accom close to theme parks with shuttle service. Price per person based on a family of 4. Departs Dec 3/ggv/ts.

Montreal Valentine's Day Weekend

2 Nights + taxes & fees included **\$199**

Fairmont Queen Elizabeth
INCLUDES 2 nights central accom over the weekend before Valentine's Day. Travel Feb 11/ggv.

Mont Tremblant 3 Nights

Hotel De Montagne Cap Tremblant + taxes & fees included **\$259**

INCLUDES 3 nights accom near Mont Tremblant. Travel Jan 4/ggv.

Boston St Patrick's Day

Air + 3 Nights 4-Star + taxes & fees \$92 **\$479**

Boston Westin Waterfront
INCLUDES 3 nights downtown accom. Departs Mar 16/ggv/ac. **ADD** 2-day GO Boston Card for \$79.

New York City Air + 3 Nights

Manhattan at Times Square + taxes & fees \$95 **\$549**

INCLUDES 3 nights Times Square accom. Departs Dec 12/ggv/dl. **ADD** Woodbury Common shopping tour for \$44.

Fort Lauderdale March Break

Family Special, Air + 4 Nights + Car + taxes & fees \$134 **\$749⁰**

Bahia Mar Beach Resort
INCLUDES 4 nights accom and 4-day mid-size car rental with unlimited mileage. Departs Mar 14/ggv/wv.

Cruises

Eastern Caribbean
5-Night Cruise
\$219⁰

Carnival Destiny USD + taxes & fees USD \$76
CRUISE roundtrip Miami and visit Nassau, Half Moon Cay & Grand Turk. Sails Nov 29/cnv.

Western Caribbean

4-Night Cruise + taxes & fees \$86 **\$198**

Celebrity Century
CRUISE roundtrip Miami and visit Key West & Cozumel. Sails Dec 2/cel.

Southern Caribbean

7-Night Cruise + taxes & fees \$51 **\$399**

Celebrity Summit
CRUISE roundtrip San Juan and visit St Croix, St Kitts, Dominica, Grenada & Tobago. Sails Dec 11/cel.

Mexican Riviera 7-Night Cruise

Oosterdam + taxes & fees \$85 **\$439**

CRUISE roundtrip San Diego and visit Los Cabos, Puerto Vallarta & Mazatlan. Sails Jan 22/hol.

Asia (Andaman Sea)

5-Night Cruise + taxes & fees \$68 **\$559**

Legend of the Seas
CRUISE roundtrip Singapore and visit Phuket, Langkawi and Kuala Lumpur (Port Kelang). Sails Jan 24/rcf.

Hawai'i 14-Night Cruise

Golden Princess USD + taxes & fees USD \$49 **\$1199**

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All-inclusive Vacations

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Blau Natura Park Beach Eco Resort + taxes & fees \$340
Departs Dec 12/swg/wg.

Dominican Republic

7 Nights 4-Star + taxes & fees \$340 **\$415***

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INCLUDES Santo Domingo accom.

Departs Dec 12/swg/wg.

Varadero 7 Nights 4-Star

Arenas Doradas Hotel C + taxes & fees \$204 **\$455**

Departs Dec 6/swg/wg.

Puerto Vallarta 7 Nights 4-Star

Holiday Inn + taxes & fees \$298 **\$551***

Departs Dec 16/vat/ts.

Panama 7 Nights 4-Star

Royal Decameron + taxes & fees \$260 **\$579***

Departs Dec 6/nol/ts.

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Another airborne headache?

► U.S. officials to run Canadian air travellers' data against watch lists

The federal privacy watchdog says the personal information of Canadian airline passengers who fly through U.S. airspace may end up in the hands of American police and immigration officials.

Privacy commissioner Jennifer Stoddart's conclusion is squarely at odds with the view of Public Safety Minister Vic Toews, who insisted this week the U.S. would use the data only for air security purposes.

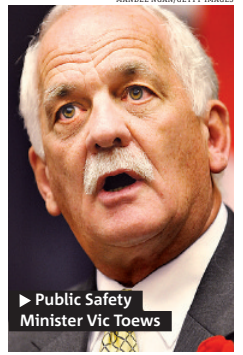
"As far as I'm concerned, those people that are going to be on the list for seven years or 99 years, they can keep that forever, because I want to be safe when I fly." CONSERVATIVE MP BRIAN JEAN

Beginning next year, Secure Flight will permit the United States to collect the names, genders and birth dates of the approximately five million Canadians who fly through American airspace every year en route to destinations such as the Caribbean and Mex-

ico — even though their planes never touch American soil.

Stoddart said airlines would also be required to hand over information such as passport data and itinerary details to the U.S. if it's available.

THE CANADIAN PRESS



► Public Safety Minister Vic Toews

Coca. Blaze



► A man looks on during the incineration of coca leaves.

JUAN KARITA/THE ASSOCIATED PRESS

Coca goes up in flames

Bolivian law-enforcement officials incinerated about 32 tons of illegally grown coca leaves on Thursday. The leaves were to be used in the preparation of narcotics, and were seized during different operations in the Bolivian states of Cochabamba and Santa Cruz during the last three years. Bolivia's anti-drug laws allow the cultivation of certain quantities of coca plants, the key ingredient of cocaine, just for traditional uses.

Find hails from 2,000 light years away

Scientists have discovered the first planet from another galaxy, sort of.

While some 500 planets have been identified in other parts of our galaxy — the Milky Way — none has been reported in other galaxies.

Now one has been discovered orbiting a star called HIP 13044, located

about 2,000 light years away. While this star is now in the Milky Way, researchers report in Thursday's online edition of the journal Science that it originated in a separate galaxy that was later cannibalized by ours.

That makes the new planet, which is about 20 per cent larger than Jupiter, the first found to have originated in another galaxy.

"This discovery is very exciting," Rainer Klement, of Germany's Max Planck Institute for Astronomy, said in a statement.

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Tear gas routs protesters

UN soldiers blamed for Haiti cholera wave

Anti-UN violence spread to Haiti's capital Thursday.

Protesters blocked roads and attacked foreigners' cars over suspicions that peacekeepers introduced cholera that has killed more than 1,100 people.

Protesters believe a contingent of Nepalese soldiers brought cholera with them to Haiti.

The windows of several cars belonging to the United Nations and humanitarian groups were broken.

Police fired tear gas at protesters on the central Champ de Mars plaza.

Clouds of choking irritants blew into the tent shelters of thousands made homeless by the Jan. 12 earthquake.

"I survived the quake but the police are going to kill me with gas," Marie Paul Moses said as she fled the white cloud.

THE ASSOCIATED PRESS



► Haitians flee from tear gas fired by police in Port-au-Prince on Thursday.

Teacher gets probation for assaults

A Catholic elementary school teacher has received a suspended sentence and two years probation after pleading guilty in Windsor to assault involving students.

Rick Doran admitted assaulting four boys aged 10 to 14 at St. John de Brebeuf School in Kingsville and Holy Cross Elementary in LaSalle.

He had originally been charged with sexual assault and sexual interference.

THE CANADIAN PRESS

Auto thieves facing jail

A new federal law aimed at curbing auto theft and including stiffer penalties for car thieves has received royal assent.

The legislation includes a minimum six-month jail sentence for anyone convicted a third time of auto theft.

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New York. Meet the First Lady



► U.S. First Lady Michelle Obama encourages a youngster while promoting her Let's Move exercise program in New York Thursday.

KATHY WILLENS/THE ASSOCIATED PRESS

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Tooth holds a secret?

► It may solve riddle of teen lost on Caribbean island

Officials are reviewing the dental records of missing U.S. teen Natalee Holloway as they analyse a jawbone with a tooth in it that was found in Aruba last week, the FBI says.

The girl's father, Dave Holloway, said he provided the records but added he

had received no new official information on the investigation on the Dutch island in the Caribbean.

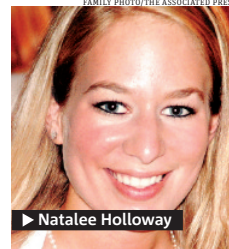
"The authorities haven't confirmed anything with me," he said in a telephone interview.

"It's pretty much total silence."

A forensic scientist in Aruba has said the bone is from a human female, the Associated Press was told.

Natalee, of Mountain Brook, Alabama, was 18 when she disappeared on a high school graduation trip to Aruba in 2005.

THE ASSOCIATED PRESS



► Natalee Holloway



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Public Meeting #2 East-West Downtown Segregated Bike Lane Pilot Project

Thursday November 25, 2010
6:30 to 8:30 p.m. (Presentation at 7 p.m.)
City Hall – Rotunda
110 Laurier Avenue West, Ottawa

What is this meeting about?

The City of Ottawa is finalizing a study for an east-west segregated bike lane through the downtown. A segregated bike lane is a designated on-street bicycle lane that is separated from motor vehicle traffic through the use of physical buffers (curbs, planter boxes, parked cars, etc.). This second public meeting is to gather feedback on the preferred route (Laurier Avenue West) and functional designs.

Why attend?

The purpose of this meeting is to:

- Present the route evaluation criteria and analysis;
- Present the preferred route (Laurier Avenue West) and functional designs;
- Provide opportunities for you to become involved in the identification of local issues and the development of the facility.

Need more information?

If you are not available to attend the meeting or would like additional information, please visit the project website at ottawa.ca/bikelane or direct your comments and questions to the project manager listed below. The presentation material for the meeting will be available on the project website after November 25, 2010.

Colin Simpson MCIP RPP

110 Laurier Avenue West, 4th Floor
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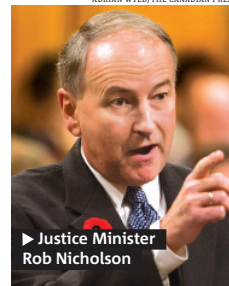
Teen sold sex online, recruited others: RCMP

▶ A 51-year-old B.C. man has also been charged with two counts of sexual assault in connection to the case

A 14-year-old British Columbia girl has been charged for allegedly prostituting herself and pimping out other girls through the online classified site Craigslist.

Acting on a tip last month, police began looking into allegations a teenage girl was selling sexual services and recruiting others into the sex trade.

In online ads posted on Craigslist's controversial erotic services section, which has already come under criticism from federal Justice Minister Rob Nicholson, the girl was posing as an 18-year-old woman available for sex.



▶ Justice Minister Rob Nicholson

"She was the ring-leader," said Chilliwack RCMP Cpl. Lea-Anne Dunlop. "It's something that's unfortunate to see."

Earlier this month, Nicholson said he sent a letter to executives at

Craigslist, saying he was concerned the online erotic services section encourages child exploitation and human trafficking.

While there's a ban on publication because of the girls' ages, Dunlop said the accused teenager knew the other teens she is accused of recruiting. The girl faces one count of procuring a person under the age of 18 for prostitution.

Dunlop said Thursday more charges could be laid as Mounties continue their investigation and the media interest may also prompt others lured into the sex trade to come forward.

THE CANADIAN PRESS

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Madagascar's military bark has little bite

► Attempt to seize control fails as country votes on new charter that would keep former coup leader in power

Soldiers in Madagascar have often intruded in politics, but their latest attempt is fizzling, leaving a group of officers holed up at a base and the island's civilian leader — who himself took power in a coup 20 months ago — largely ignoring what appears to have been a poorly planned putsch.

The military officers called reporters to a base near the airport Wednesday, prepared to read a list of their demands. Outside the base, the nation was voting on a new constitution proposed by Andry Rajoelina, who grabbed power with military backing last year. The officers'



► Civilian leader
Andry Rajoelina

list included a call on soldiers and civilians to rally and topple Rajoelina, but there was little sign of an uprising.

Instead, Malagasy, as the people of this Indian Ocean island are known, kept voting. Thursday, the capital was calm, with no sign Rajoelina's forces would try to oust the mutinous military officers from their base.

The proposed new charter largely resembles the existing constitution, but a key new clause proposes that the current leader of a so-called High Transitional Authority — Rajoelina — would remain in power until a new president is elected. That was seen as a bid by Rajoelina to stay in power indefinitely because there was no certainty new elections would be held.

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The Tooth Doctor®

David J. Halpin, D.D.S.

Diabetes & Your Dental Health

If you are diabetic, you already know how important it is to keep your disease under control. But did you also know that diabetes that is not carefully controlled may lead to periodontal disease (infections of the gums and bone which hold your teeth in place) in diabetics of all ages?

As a diabetic, controlling your blood glucose is perhaps the most important step you can take to prevent tooth and gum problems. And proper care of your teeth and gums can go a long way in preventing the onset of the oral problems often associated with diabetes.

Fact is, blood vessel changes occur in people with diabetes. These thickened blood vessels can slow the flow of nutrients and the removal of harmful wastes from body tissues. This impaired blood flow can contribute to weakening of the gums and bone, making them more susceptible to infection.

When diabetes is poorly controlled, higher glucose levels will be found in the fluids of the mouth, which can encourage the growth of bacteria... bacteria that can set the stage for gum disease. Another factor, smoking is extremely harmful to

oral health even for people without diabetes. However, a person with diabetes who smokes is at a much greater risk for gum disease than someone who does not have diabetes.

Together with poor oral hygiene, diabetes can lead to gingivitis, the first stage of periodontal disease, or even to periodontitis, a very severe gum disease.

Be sure to let the dentist know that you have diabetes, particularly when you are seeing the dentist for the first time. People with diabetes should have dental check-ups at least every 6 months - more often if recommended by the dentist. Frequent dental check-ups will help find problems early on, when treatment can be most effective.

As a diabetic, if you experience any trouble with your teeth or your mouth, it is important that you visit the dentist as soon as possible. Scheduling your dental appointment for early in the morning, after you have eaten a normal breakfast, will help stabilize and prevent a severe or sudden drop in your blood sugar levels.

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MySpace piggybacks Facebook

In a sign of the companies' divergent fortunes, MySpace says it

will let its users log in to their Facebook accounts through their MySpace page.

MySpace users have already been able to sync their status updates to their Facebook profiles.

THE ASSOCIATED PRESS

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'Tis season for deals

Shoppers can get wireless offers matched or bettered, watchers say



► Anthony Lacavera, CEO of Globalive, parent company of Wind Mobile, the first of the new players, says this is going to be the most competitive season in wireless in a decade.

DARREN CALABRESE/THE CANADIAN PRESS FILE

Consumers can expect more deals — and maybe more clout — when shopping for mobile phones during the holiday season in the hotly competitive wireless industry.

The season brings in a big chunk of sales for all the carriers and are especially important to the new players trying to win market share away from Rogers, Telus and Bell.

Telecom analyst Brahm Eiley said it's been a year of discounts in wireless offered by both the new and established players.

Combined voice and data plans from the new players can undercut Rogers, Bell and Telus and their discount brands by more than half. The savings could be up to 75 per cent on data plans, Eiley said.

For consumers, they should be able to shop around and get offers matched or bettered in the Christmas shopping season.

Wind Mobile, Mobilicity and Public Mobile have been "continuously" discounting since they launched, Eiley said from Toronto.

"As long as cash is

"The consumers are in the driver's seat. Consumers have so much choice that they really do have a lot of negotiating power."

MARK GOLDBERG, TELECOM ANALYST

available to them, they are going to play the low price card. It's the only way for them to get subscribers. This will go on for years."

"It's going to be the most competitive holiday season in wireless in a decade," said Anthony Lacavera, CEO and chairman of Globalive, parent company of Wind Mobile — the first of the new players to enter the market.





"Our competition is really the big guys," Lacavera said.

Wind Mobile launched almost a year ago and new companies Mobilicity and Public Mobile have been up and running since last spring.

Quebecor's Videotron launched its wireless service in Quebec this fall.

THE CANADIAN PRESS

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
			
+ 212.18 (12,870.01)	+ 0.27¢ (97.90¢ US)	+ \$1.41 US (\$81.85 US)	\$3.897 (- 13.3¢) Gold contracts \$1,353.00 (+ \$16.10)

AP/WIDE WORLD

U.S. might challenge Canadian lumber practices

Canada could be facing another prosecution for cheating under the Softwood Lumber Agreement.

The U.S. government could file such a case to the international arbitration court in London as early as Friday after a 40-day consultation process to iron out the dispute that ended in futility earlier this week.

The U.S. Trade Representative's office has complained to the Canadian government that British Columbia used the mountain pine beetle infestation as an

excuse to dramatically increase the export of cut-rate lumber into the American market.

The Coalition for Fair Lumber Imports says since 2007, when the softwood market in the United States collapsed, British Columbia has increased the amount of pine-beetle infested lumber it ships from about 10 per cent to 50 per cent.

Penalties for Canadian producers could amount to about \$500 million if the London court agrees.

THE CANADIAN PRESS



► A lift truck loads a trailer with cedar for export to the U.S. at Interfor's mill in Squamish, B.C.

CHUCK STODOL/THE CANADIAN PRESS ARCHIVE

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5 MINUTES WITH: JULY BLACK

Juno-Award winning R&B singer July Black plays the Shenkman Arts Centre Wednesday.

Are you happy to be coming back to Ottawa?

Ottawa's awesome. (I've played) Winterlude twice. I feel like it's my second home. I have family there, I have great friends there. It's a wonderful place.

You performed for the Queen this year.

Yes, actually. I was in London for Canada Day, playing Trafalgar Square, and got the call to sing for her when she was in Toronto. I visited Buckingham Palace when she wasn't there. I

thought, girl, I coulda sang at your house!

Did you get to meet her?

I did, yes. It's so interesting. You know they brief you; don't look at her. They think you're going to turn into a pillar of salt or something. She was really nice. She came right up to Metric and myself and shook our hands and thanked us for being there. Everybody else was like rigor mortis, stone frozen. We're from a different generation, clearly. I think people want to be treated like human beings, even the Queen, like come on! I looked right at her and she gave me a little grin, you

know, all good. She was wonderful, very cute, petite. It was one of my milestones, definitely, for sure.

Was there extra nervousness before that performance?

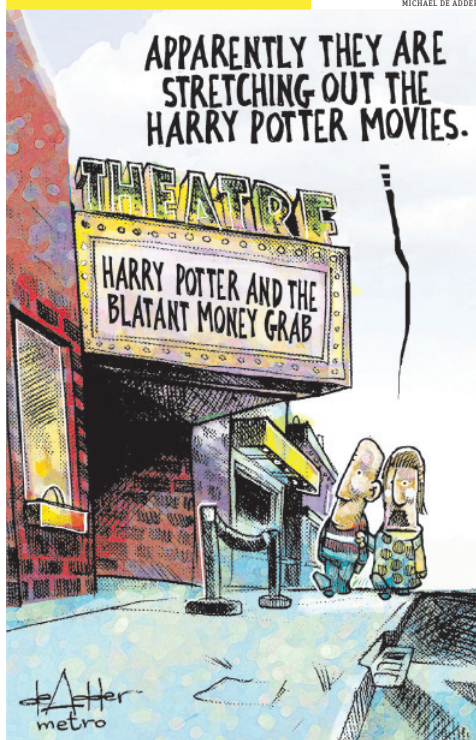
Are you the type that gets stage fright?

Of course I do. If I don't get nervous it's time to buy my own plot and call it a day. The nerves let me know that I'm still doing it for the right reasons. But I wasn't nervous to sing for her; I was nervous to sing in French. I did part of it in French, and I did well.

Is there any music you listen to that might surprise people?

You know that's a good question. That's the first time anybody's ever asked me that question. Yeah, I think people would be surprised that I listen to Spoon and The Raconteurs and The Script. I think they'd be surprised on the more recent, rock-egsue type music that I listen to. I'm a late '70s baby, so The Police or Genesis or all that stuff, that was natural. The radio wasn't segregated back in the day. We heard everything. I also still dig in the crates and pull out some Dolly Parton because I think she's the most phenomenal songwriter on Earth. ● STEVE COLLINS

Cartoon



MICHAEL DE ADDER

A new family dynamic

Worth mentioning

Is marriage becoming obsolete in the U.S.?

Nearly one in three American children is living with a parent who is divorced, separated or never married. More people are accepting the view that wedding bells aren't needed to have a family.

A study by the Pew Research Center, in association with Time magazine, highlights rapidly changing notions of the American family. And the U.S. Census Bureau, too, is planning to incorporate broader definitions of family when measuring poverty, a shift caused partly by recent jumps in unmarried couples living

Not a ringing endorsement



together.

About 29 per cent of children younger than 18 now live with a parent or parents who are unwed or no longer married, a five-fold increase from 1960, according to the Pew report that was released Thursday. Broken down further, about 15 per cent have parents who are divorced or separated and

14 per cent who were never married. Within those two groups, a sizable chunk — six per cent — have parents who are live-in couples who opted to raise kids together without getting married.

Indeed, about 39 per cent of Americans said marriage was becoming obsolete.

THE ASSOCIATED PRESS

What's the secret to a successful marriage?

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Metro Minute with Santa Paws

Deny it all you want, but Christmas is quickly approaching.

To get into the spirit, get your pet's photo taken with Santa Paws at the Westgate Shopping Centre Friday and receive a photo in a holiday frame. And more importantly, you'll be supporting the animals at the Ottawa Humane Society with your donation.

The event is being held at Westgate from 4 to 8 p.m. Friday, next Saturday and Sunday at the Lincoln Fields Shopping Centre, and the Elmvale Mall the weekend after.

Photos are \$15 each or \$10 for OHS-adopted animals, with all proceeds benefiting animals in need at the OHS.

● TRACEY TONG

Three days to play

WILL YOU SEE THE NEW HARRY POTTER FILM THIS WEEKEND?



Janelle Odjele

OTTAWA

Oh yes! I've seen the other ones in the past but I don't really remember everything.



Nozomi Turcotte

GATINEAU

Yeah, I'm excited to see it, but not right away — the cinema is too busy. Not this weekend.

Aguilera tackles acting in Burlesque

► Pop star gets starring role in first film ► Excited to take on new challenge ► Found it tough to turn off her character while not filming

NED EHRBAR
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METRO WORLD NEWS IN LOS ANGELES

With a voice that always seems too big to be coming from her small frame, it's no surprise that Christina Aguilera's first foray into film, this month's *Burlesque*, would be a musical.

"I'm definitely used to coming from a world where I am able to express myself through song, through vocals, through writing lyrics, through poetry and having the time to do so and focus on myself as an artist," Aguilera says.

"I find it much easier to express myself sometimes through song and through vocalizing my emotions. That's why at a young age when I had a very chaotic childhood, I would turn to song as my release out of that environment."

Aguilera insists she relished the challenges of acting for the first time.

"It's a new thing for me, so I really tried to give myself wholeheartedly," she says, though there was at least one unforeseen side effect of taking on the role of Ali, a young performer fresh off the bus from Iowa who works her way up at a Sunset Strip burlesque club.

"I would get very rambunctious," she says of the having to put her own personality aside to embody Ali.

"I had a lot of pent-up energy, because I was being neglectful of myself, that when I wasn't being Ali on camera I was really antsy."

While she's made a name for herself belting out tunes, Aguilera admits she's not breaking out into song at any opportunity when she's not at work.

"I'm very reserved when it comes to that," she says. "I know there are certain singers that won't shut up, but I'm very reserved when I'm going about my normal life. But then whenever the stage hits or it's time to perform, it just comes up. And out."

Of course, she's not completely mum around the house. She still saves some of her voice for her young son, Max. "I sing him to sleep every night, and my favourite song to sing him is this little, soft lullaby from *Mary Poppins* called *Stay Awake*," she says.

And while she's completely committed to Max, Aguilera says she never considered putting her career on hold. "I think it would send the worst message possible to my child," she says.

"... I think part of having kids is creating a good balance so that you can then inspire them to be their own individual and find what they're passionate about and what goals they want to achieve in their lives."

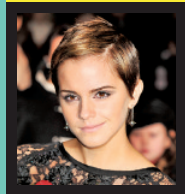


► Christina Aguilera stars in *Burlesque*, which opens next Wednesday.

2

scene

Scene in brief



Emma Watson may be leaving Hermione Granger behind on the film set, but not in her heart — the two share a similar passion for learning.

Watson, whose character in the *Harry Potter* movies made it cool to be a studious teacher's pet, says she's "addicted to knowledge" and motivated to keep learning while doing other film projects.

Watson, who has played Hermione for more than half her life, is a sophomore at Brown University in Rhode Island where she is majoring in history.

THE ASSOCIATED PRESS



Lead actors chosen for Broadway musical *The Book of Mormon* by the *South Park* team

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Bonnie Laufer, TRIBUTE CANADA

Harry Potter

AND THE DEATHLY HALLOWS PART 1

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5 Best Crowe performances

Russell Crowe digs deep and transforms himself for every role he takes on, making decent movies better and great movies excellent. He's so consistently good, even some off-camera antics from time to time don't become a distraction; he never fails to convince us.

With the opening this week of *The Next Three Days*, here's a look at Crowe's five most captivating performances.

THE ASSOCIATED PRESS



L.A. Confidential (1997)

He'd made a name for himself already in Australia with 1992's *Romper Stomper*, but this is the role that made Crowe famous in America.

As the beefy detective Bud White, he's got a mean streak, but for all the right reasons. He brutally avenges the abuses suffered by battered wives. He reveals his tortured,

tender side in his scenes with Kim Basinger, an Oscar-winner for her portrayal as a Veronica Lake look-alike prostitute.

All the characters and motivations are complex in Curtis Hanson's intense, visceral noir, but Bud White oozes moral ambiguity, and Crowe never makes him anything less than fascinating to watch.



The Insider (1999)

Crowe earned his first Academy Award nomination for best actor for playing Big Tobacco whistleblower Jeffrey Wigand.

Michael Mann's smart, suspenseful depiction of real-life events also required Crowe to pack on the pounds, and he steals the show

from co-star Al Pacino as a 60 Minutes producer — no easy feat — with his measured performance as a conflicted everyman.

Wigand is tormented by his knowledge of the danger of tobacco but compelled by a nondisclosure agreement to keep his mouth shut, and Crowe plays his ethical dilemma with quiet moodiness.



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BEHIND THE CURTAIN AT PRIVATE SCHOOLS

In Focus

RICHARD CROUSE

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Hogwarts, a school of magic founded over a thousand years ago by a quartet of the greatest witches and wizards of their age, will once again be front and centre when *Harry Potter and the Deathly Hallows: Part 1* opens on Friday. It's the screen's most famous private school, but it isn't the only cinematic bastion of readin', writin' and 'rithmetic.

The granddaddy of the modern prep school movie is 1972's *A Separate Peace*, a dull film, based on a not-so-dull book by John Knowles, starring Parker Stevenson, which was later re-made as a better-than-average made-for-TV movie.

Without the original film's portrayal of Devon Academy we might not have *Dead Poet's Society* (set at "the best prep school in America") or any other classroom drama that teaches life lessons alongside the three R's.

For instance, the all-

star students — Brendan Fraser, Ben Affleck, Matt Damon and Chris O'Donnell — in *School Ties* learn a lesson not on the curriculum: the power of prejudice. Fraser plays David Greene, a Jewish student at a waspy prep school in the 1950's who becomes the victim of vicious anti-Semitism.

Most noteworthy because of its soon-to-be-famous cast, this came out five years before *Good Will Hunting* made Affleck and Damon superstars, and a year before Chris O'Donnell was nominated for a Golden Globe for his other prep school drama *Scent of a Woman* — the movie's message of tolerance resonates when set against today's recent



► Sarah Michelle Gellar in *Cruel Intentions*, one of several Hollywood movies set at a private school.

news stories about school bullying.

But don't think all private school movies are about "carpe diem" and uplifting messages. *Cruel Intentions* sees a group of good looking learners engage in a dangerous game of seduction and betrayal. And the only lesson Chris O'Donnell learns in *Scent of a Woman* — whose all male boarding school

scenes were actually shot at one of the U.S.'s oldest all-female boarding schools — is how to avoid being crushed by the weight of Al Pacino's over acting.

Most vapid, however, is *Private School*, starring Phoebe Cates and Matthew Modine as star-crossed students from the Cherryvale Academy for Women and the

Freemount Academy for Men. Completely devoid of merit, it most famously features gratuitous topless horseback riding and a female shower scene; behaviour Albus Dumbledore would certainly frown on. Critics too frowned upon the movie. One writer said, "hardcore porn has a better reputation" than this teen sex comedy.



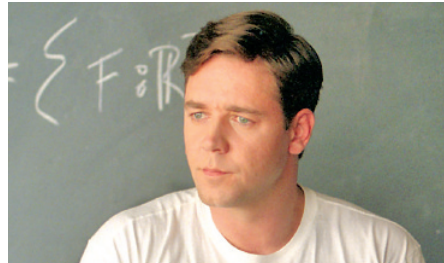
Gladiator (2000)

A physical and emotional shift in the opposite extreme for Crowe. In Ridley Scott's historical epic, he's muscular, fierce and intimidating as Roman general Maximus.

This is the role that earned him his best-actor Oscar — and the film won five in total, including best picture. It's an enormous,

CGI-heavy spectacle, old school in tone but high-tech in its visual trickery. For the most part the film feels silly, over-the-top, mindless and empty, but Crowe grounds it by believably conveying his character's remorse.

While his low rumble of a gravelly voice provides some gravitas, Crowe also gets to scream. A lot.



A Beautiful Mind (2001)

Crowe's transformation into tortured math genius John Forbes Nash Jr. is stunning — reminiscent of the one he'd pulled off two years earlier in The Insider, but even more effective because Nash's story is so much more personal.

It's almost too bad that he won the best-actor Oscar

for Gladiator, because he deserved the award even more for his work here. Aging on screen over a period of nearly 50 years, Crowe turns Nash from a swaggering genius to a shaken shell of a man, and the disintegration is believable and compelling. Prior to Frost/Nixon, this was director Ron Howard's crowning achievement.



3:10 to Yuma (2007)

The original 1957 Western didn't need to be remade, but director James Mangold not only remains true to its roots but expands on them in ways that are thrilling and thoroughly entertaining.

Crowe, as the dangerous Ben Wade, does whatever he wants, whenever he wants. He comes off like a gentleman, quoting scripture and drawing

sketches of the people he meets on his travels. But he's still a killer through and through, and Crowe, with his infinite capacity for both charm and darkness, reveals all the colours of his character's personality subtly and brilliantly. His mano-a-mano verbal sparring with fellow heavyweight actor Christian Bale, as the rancher tasked with escorting Wade to the train that'll take him to prison, is a joy to watch.

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Movie review

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Potter gets darker and deeper

Harry Potter And The Deathly Hallows Part 1

Genre: Action/Adventure
Director: David Yates
Stars: Daniel Radcliffe, Emma Watson, Rupert Grint

Though magic is still central to the series, the childish joy with which the witches and wizards dispatch their powers is almost entirely absent in the latest entry in J.K. Rowling's towering franchise.

Fortunately, that's a good thing, as the first chapter of this epic two part finale is the darkest, strangest, and possibly even the finest Harry Potter movie to date (though be warned that with a downbeat ending peaking the sense of dread before the triumphant battle in Part 2, there's no escape from the darkness for the kiddies in the audience).

The series is now based entirely around an epic battle between good and



evil, and anyone who merely dabbled in the early outings might not even recognize the universe.

Don't expect any hand-holding either as the filmmakers dive into their story midstream with no attempt to bring the audience up to speed. Almost every member of the epic cast makes a brief appearance, but the bulk of the film is spent with Ron, Hermione and Harry

searching for a way to kill Lord Voldemort while struggling with the strain of their quest and maturing sexuality.

How good the film really is can only be determined after part 2 is released in July, but for now this surprisingly intense Harry Potter movie suggests the maturing series will end on a high note

● PHIL BROWN

Fair Game

Genre: Drama
Director: Doug Limon
Stars: Sean Penn, Naomi Watts, Sam Shepard

●●●
Doug Limon (the man fired from The Bourne Identity series) almost returns to form with Fair Game, a political thriller about Joe and Valerie Plame Wilson. Valerie worked for the CIA before being ousted and ruined by the press after her husband Joe published an article in the New York



Times deriding the fast-tracked Iraq War. Limon attempts to streamline the ugly truth into a tense

thriller and while the pacing definitely works, too much detail has been sacrificed. ● PHIL BROWN

The Next Three Days

Genre: Action
Director: Paul Haggis
Stars: Russell Crowe, Elizabeth Banks

●●
If you chopped off the first half of the film, The Next Three Days would've been a relatively decent thriller. Instead, Crash-director Paul Haggis's drawn-out remake about a college professor (Russell Crowe) cooking up an escape plan for his questionably incarcerated wife (Elizabeth Banks) ends up



needlessly overburdened. While Crowe's performance is surely intriguing enough, Haggis's version of the 2008 French film Anything for Her doesn't commit to either credibility or just being a decent

genre film. Instead, it's the greater morality of this man's efforts that presumably carry audiences for 133 minutes...only it doesn't quite do it.

● STEVE GOW



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26

metroscene

Ralston says he is proud of 127 Hours

▶ Metro speaks with the real-life star of the movie about survival



PHIL BROWN
SCENE@METRONWS.CA

Following a successful film festival run, *127 Hours* opens next Friday and is sure to be one of the most praised and discussed films of 2010.

The movie is based on the incredible true story of Aron Ralston.

The 35-year-old was trapped in an isolated canyon and forced to amputate his own arm as a way to survive. The inspiring tale captured the public's imagination in 2003 and a film had to be made.

Fortunately, Ralston was intimately involved, ensuring that the production accurately represented his experience.

Metro got a chance to speak with Ralston during an appearance at this year's Toronto International Film Festival where he excitedly discussed the long gestating project.

When asked if he ever imagined this film would be made, Ralston laughed. "Definitely not. As I was amputating my arm, my only thought and that was, 'wow this is going to be an incredible story to tell my friends.' That was it," he said.

"I didn't think that anyone outside of my circle would care."

Ralston struggled for years to produce a documentary, but when that proved difficult to finance he happily changed tracks to make a fictional version

with *Trainspotting* director Danny Boyle.

"I love how Danny wanted to stay in the canyon and only show my perspective," explained Ralston.

"He presented the story in a very authentic manner so it's truthful even when it's not factual. I've seen it five times now and I still cry for the better part of the second half. I couldn't be happier."

Admirably Ralston has not let his missing arm impede his outdoor activity.

He continues to peruse his passions within reason. "It was really my physical therapy," said Ralston.

"Within a week of being released from the hospital I was trail running up steep mountainsides at 8,000-10,000 feet, climbing,

Survivalist films

127 Hours represents one of the finest entries in the subgenre of survivalist horror films. Here are a few recommendations for similarly grueling cinematic experiences.

▶ *Deliverance* (1971)
Rescue Dawn (2006)
Touching The Void (2003)
The Decent (2005)
Frozen (2010)

camping and eventually doing ultra marathons and adventure races.

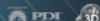
"It became a little bit of an obsession again that I had to deal with because it started leading me down the same path. But I'll never give it up entirely."



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Shawn Edwards, FOX-TV

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THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 19 TO THURS., NOV. 25. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONews.ca/MOVIES.

OTTAWA

BYTOWNE CINEMA

325 Rideau St., 613-789-3456
The Concert (STC) Fri 6:50 Sat 4:25-6:50 Sun 6:15 Mon 4:15 Tue-Wed 6:45 Thu 4:15
Inside Job (PG) Fri 4:30 Sat 9:20 Sun 1:30-8:45
L'Argent de poche (STC) Mon 9:10 Tue 4:30
Soul Kitchen (18A) Thu 9:10
Tamara Drewe (STC) Fri 9:20 Sat 2:55-5:55 Sun 3:50 Mon 6:45 Tue 9:15 Wed 4:20-9:15 Thu 6:45

CANADIAN FILM INSTITUTE

2 Daly Ave., Suite 120, 613-232-6727
Anthanasia: Well Kept Secrets (STC) Mon 7
Eden (STC) Thu 7
Kawasaki's Rose (STC) Fri 7
Me Too (STC) Tue 7
Of Gods and Men (STC) Wed 7
Run If You Can (STC) Sat 7
Sounds Under the Skin (STC) Fri 9
Testing Screens: Films by Chris Gehman (STC) Fri 7:30
Worlds Apart (STC) Sun 7

CANADIAN MUSEUM OF NATURE

240 McLeod St., 613-566-4700
Changelings (STC) Sat-Sun 9:30-10:30-11:11-12:30-1:30-2:30-3:30-4:30
A Modern Castle: The Rebirth of the Canadian Museum of Nature (STC) Fri-Thu 12:30 Fri-Thu 1
Plants (STC) Fri-Wed 10-12-2-4 Thu 10-12-2-4 Fri-Wed 11-1-3 Thu 11-1-3
Pollinators (STC) Fri-Wed 10:30-2:30-4:30 Thu 10:30-2:30-4:30-6:30 Fri-Wed 11:30-1:35-3:30 Thu 11:30-1:35-3:30-7:30

CENTRETOWN MOVIES

Dundonald Park, 512 Somerset St. W., 613-232-1534, centretownmovies.org

Listings not available at press time.

COLISEUM OTTAWA

3090 Carling Ave., 613-596-9475
Burlesque (PG) No Passes Wed-Thu 3:30-6:30-9:35
Das Rheingold (STC) Sat 1
Due Date (14A) Fri 1:15-4:05-7:10-9:40 Sat 4:05-7:10-9:40 Sun 1:15-4:05-7:10 Mon-Tue 4:05-7:10-9:40 Wed-Thu 3:50-6:35-9:10
Guzaarish (PG) Fri-Sun 12:10-3:40-6:45-9:50 Mon-Thu 3:40-6:45-9:50

Harry Potter and the Deathly Hallows: Part 1 (PG) No Passes Fri-Sun 1:10-4:40-8 No Passes Mon-Tue 4:40-8 No Passes Wed 3:30-6:55-10:10 No Passes Thu 3:25-6:50-10:10 No Passes Fri-Sun 12:30-4:15-10:30 No Passes Mon-Thu 4:15-10:30 No Passes Fri-Sun 12:30-2:25-6:50-10:10 No Passes Mon-Tue 3:25-6:50-10:10
Love & Other Drugs (14A) No Passes Wed-Thu 4:25-7:25-10:15
Megamind (PG) Fri-Sat 12:20-3:10-6:30-9 Sun 12:20-3:10-6:30 Mon-Tue 3:10-6:30-9
Megamind 3D (PG) Fri-Sun 1:20-4:20-7:30 Mon-Thu 4:20-7:30
Morning Glory (PG) Fri-Sun 12:50-4:15-6:55-9:55 Mon-Thu 4:15-6:55-9:55 Star & Strollers Screening Thu 1
The Next Three Days (14A) Fri-Sun 1:4-10:7-20-10:20 Mon-Thu 4:10-7:20-10:20 Star & Strollers Screening Thu 1
Red (STC) Fri-Sun 1:05-3:50-6:35-9:10 Mon-Tue 3:50-6:35-9:10
Skyline (14A) Fri-Sun 1:30-4:30-7:30-10 Mon-Thu 4:30-7:30-10
Tangled 3D (PG) No Passes Wed-Thu 4:05-7:10-9:40
Unstoppable (PG) Fri-Sun 12:40-3:45-6:40-9:20 Mon-Thu 3:45-6:40-9:20
WWE Survivor Series - 2010 (STC) Sun 8

EMPIRE 7 CINEMAS

111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

Burlesque (PG) Wed-Thu 3:35-6:50-9:25
Due Date (14A) Fri 3:50-7:20-10:50 Sat-Sun 1:05-3:50-7:20 Mon-Thu 3:50-7:20
Fair Game (STC) Fri 3:40-6:50-9:10 Sat-Sun 12:50-3:40-6:50-9:10 Mon-Tue 3:40-6:50-9:10 Wed-Thu 3:40-7:05-9:30
The Girl Who Kicked the Hornet's Nest (14A) Fri 4:7-30 Sat-Sun 1:4-7:30 Mon-Tue 4:7-30
Love & Other Drugs (14A) Wed-Thu 3:55-6:40-9:10
Monsters (STC) Fri 3:55-7:20-9:25 Sat-Sun 1:10-3:55-7:20-9:25 Mon-Tue 3:55-7:20-9:25
Morning Glory (PG) Fri 3:45-6:40-9:05 Sat-Sun 12:45-3:45-6:40-9:05 Mon 3:45-9:35 Tue 3:45-6:40-9:05 Wed-Thu 3:45-6:40-9:05
The Next Three Days (14A) Fri 3:30-6:30-9:15 Sat-Sun 12:40-3:30-6:30-9:15 Mon-Thu 3:30-6:30-9:15
Skyline (14A) Fri-Tue 3:35-9:30
Stone (STC) Fri 7:10 Sat-Sun 12:55-7:10 Mon-Tue 7:10
Tangled (STC) Wed-Thu 4:7-10-9:35

MAYFAIR THEATRE

1074 Bank St., 613-730-3403, mayfair-movie.com

Alpha and Omega (PG) Sat-Sun 1
Cry Baby (STC) Mon 9
Evol (STC) Fri 9 Sun 7
Gattaca (STC) Thu 7
Jack Goes Boating (14A) Fri-Sat 7 Mon 7
Machete (18A) Sat 9 Tue 9:45 Wed 9:30
Mutant Girls Squad (STC) Fri 11:30
Reel Rock 2010 (STC) Wed 7
The Room (STC) Sat 11:45
Smokey and the Bandit (STC) Thu 9:30
Vhsundays (STC) Sun-Mon 9:30

OTTAWA FAMILY CINEMA

710 Broadview Ave., 613-722-8218, familycinema.ca
Legend of the Guardians: The Owls of Ga'Hoole (PG) Sat 2
Mamma Mia! (PG) Fri 7
No Films Showing Today (STC) Sun-Thu

RAINBOW CINEMAS

St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

Alpha and Omega (PG) Fri-Thu 12:30-5
Despicable Me (PG) Fri-Thu 12:20-2:30-4:45-7
Easy A (14A) Fri-Thu 10-9:20
Hereafter (PG) Fri-Thu 10:20-8
Inception (PG) Fri-Thu 1-9
Legend of the Guardians: The Owls of Ga'Hoole (PG) Fri-Thu 10:30-2:50-7:10
Nanny McPhee Returns (G) Fri-Thu 10:40-4-6:40
Salt (PG) Fri-Thu 9:30
Toy Story 3 (G) Fri-Thu 12:50-3:5-15
Wall Street: Money Never Sleeps (PG) Fri-Thu 10:10-12:40-3:30-6:30-9:10

RIDEAU CENTRE CINEMAS

50 Rideau St., 613-234-3712
Faster (14A) SDDS Digital Wed-Thu 3:30-5:45-8:10
Harry Potter and the Deathly Hallows: Part 1 (PG) Dolby Stereo Digital, No Passes Fri 3:6-10-9:20, No Passes Sat-Sun 11:50-3:6-10-9:20, No Passes Mon-Thu 3:45-7:30
Megamind (PG) SDDS Digital Fri 3:30-6:30-9 SDDS Digital Sat-Sun 12:10-3:30-6:30-9 SDDS Digital Mon-Tue 3:30-5:45-8:10
Unstoppable (PG) Fri 3:15-6:40-9:10 Sat-Sun 12:3-15-6:40-9:10 Mon-Thu 3:15-5:30-8

SOUTH KEYS

2214 Bank St., 613-736-1115
Burlesque (PG) No Passes Wed-Thu 10:25-1:05-3:55-6:45-9:25
Das Rheingold (STC) Sat 1



► Unstoppable

Due Date (14A) Fri 10:35-1:35-4:05-6:55-9:40 Sat 10:35-1:35-4:05-6:55-9:40 Sun-Wed 10:35-1:35-4:05-6:55-9:40 Thu 10:35-1:35-4:05-6:55
Harry Potter and the Deathly Hallows: Part 1 (PG) No Passes Fri-Tue 10:30-11:15-12:15-2:50-3:40-5:10-6:30-7:8-9:55-10:10 No Passes Wed 10:30-11:15-12:15-2:50-3:40-5:10-6:30-8:30-9:55-10:10 No Passes Thu 10:30-11:15-12:15-2:50-3:40-5:10-6:30-8:30-9:55-10:10
Jackass 3D (18A) Fri-Thu 9:15
Louis C.K.: Hilarious (STC) Thu 9:30
Love & Other Drugs (14A) No Passes Wed-Thu 10:45-1:25-4:6-50-9:35
Megamind (PG) Fri-Tue 10:15-12:35-3:5-25-

7:45-10:05
Megamind 3D (PG) Fri-Thu 10:50-1:20-3:50-6:40
Morning Glory (PG) Fri-Sun 10:55-1:55-4:30-7:20-9:45 Wed-Thu 10:55-1:55-4:30-7:20-9:45
The Next Three Days (14A) Fri-Thu 10:20-1:15-4:10-7:15-10:10
Red (STC) Fri 10:25-1:25-4:6-50-9:25 Sat 4:6-50-9:25 Sun-Tue 10:25-1:25-4:6-50-9:25
Skyline (14A) Fri-Thu 11:50-4:20-7:05-9:50
Tangled 3D (STC) No Passes Wed-Thu 11:05-1:30-4:15-7:20
The Town (14A) Fri-Tue 10:45-1:30-4:15-7:10-10
Unstoppable (PG) Fri-Thu 10:40-1:10-3:45-

6:35-9:30

GATINEAU

CANADIAN MUSEUM OF CIVILIZATION
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Arabia 3D (STC) Fri 2:20-5:35 Sat 11:05-2:20-5:35-7:10 Sun 11:05-2:20-5:35 Mon 11:05-2:20 Tue 11:05-2:20-5:35-7:10 Wed 11:05-2:20-5:35-7:10 Thu 11:05-2:20-5:35-7:10
Avatar: edition speciale 3D (G) Fri 8:05
Avatar: Special Edition 3D (G) Sat 8:05

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Sun 6:40
Cavaliers du Monde (STC) Sun 9:45-4:30
Hubble 3D (STC) Fri 12:10-3:25-7 Sat-Sun
12:10-3:25 Mon 12:10 Tue 12:10-3:25-8:05 Wed-
Thu 12:10-3:25 Fri 11:05-4:30 Sat 1:15 Mon-Tue
1:15 Wed 4:30-8:05 Thu 1:15
Ride Around the World (STC) Sat 9:45

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10 1/2 (16+) Fri-Sun 3:30-9:30
Due Date (13+) Fri-Sun 17 Mon-Tue 7
**Harry Potter and the Deathly
Hallows: Part 1** (G) Fri-Sun 12:30-3:30-6:30-
9:30 Mon 6:30 Tue 12:30-3:30-6:30-9:30 Wed-Thu
6:30-9:30
Love & Other Drugs (13+) Wed-Thu 6:50-
9:20
Megamind 3D (G) Fri-Sun 12:30-5:30-6:50-9
Mon 6:50 Tue 12:30-5:30-6:50-9
Mother (STC) Tue 1:30
Tangled 3D (G) Wed-Thu 7:10
Unstoppable (G) Fri-Sun 1:10-3:10-7:10-10:10
Mon 7:10 Tue 1:10-3:10-7:10-10:10 Wed-Thu 9:30

CINÉ-STARZ
1100 boul. Maloney Ouest,
819-568-8000

**Chats et Chiens : La Revanche de Kitty
Galore** (G) Fri-Sun 12:10-3:10-6:10
Detestable Moi (G) Fri-Sun 12:15-5:15-8:15-11:15
Mon-Thu 12:15-5:15
Histoire de Jouets 3 (STC) Fri-Sun 12
L'Immortel (13+) Fri-Sun 5:45-9:40 Mon-Thu
1:55-5:45-9:45
Red (G) Fri-Sun 5:25-7:25-9:25 Mon-Thu 12:15-5-
3:50-7:45-9:40
Le Retour de Nounou McPhee (G) Fri-Sun
12:15-5:15-8:15-11:15 Mon-Thu 12:15-5:15-8:15-
11:15
Le Réseau Social (G) Fri-Sun 1:40-3:45-7:30-
9:35
Wall Street: L'argent Ne Dort Jamais
(G) Fri-Sun 3:7-9:20 Mon-Thu 12:20-4:40-7:20

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Listings not available at press time.

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120 boul. de l'Hôpital, 819-568-6070
Activité paranormale 2 (13+) Fri 8:45 Sat-Sun
3:8-4:5 Mon 8:45 Tue 3:8-4:5
Burlesque (G) Wed-Thu 6:20-8:45
Date Prévue (13+) Fri 6:20 Sat-Sun 12:10-6:20
Mon 6:20 Tue 12:10-6:20
Décadence 3D (16+) Fri 7:20 Sat-Sun 12:40-
7:20 Mon 7:20 Tue 12:40-7:20
La Gloire des ondes (G) Fri 6:40-9:10 Sat-Sun
12:20-3:05-6:40-9:10 Mon 6:40-9:10 Tue
12:20-3:05-6:40-9:10
**Harry Potter et les reliques de la mort
- partie 1** (G) Fri 6:30-8:40 Sat-Sun 12:1-3:15-
4:15-6:30-8:40 Mon 6:30-8:40 Tue 12:1-3:15-
4:15-6:30-8:40 Wed-Thu 6:30-8:40
Horizon (13+) Fri 7:15-9:20 Sat-Sun 1:20-4:15-
9:20 Mon 7:15-9:20 Tue 1:20-4:15-9:20 Wed-
Thu 7:15-9:20
Jackass 3D (16+) Fri 9:35 Sat-Sun 3:20-9:35
Mon 9:35 Tue 3:20-9:35
Megamind 3D (G) Fri 7:05 Sat-Sun 12:30-5:30-
6:50-9:35 Mon 7:05 Tue 12:30-5:30-6:50-9:35
Wed-Thu 7:05
Rapace 3D (G) Wed-Thu 7:10-9:15
Tout pour elle (13+) Fri 7:05-9:45 Sat-Sun
12:50-3:35-7:05-9:45 Mon 7:05-9:45 Tue 12:50-
3:35-7:05-9:45 Wed-Thu 7:05-9:45
Vitesse Extrême (STC) Wed-Thu 6:40-9
À fond de train (G) Fri 6:50-9 Sat-Sun 1:15-
3:40-6:50-9 Mon 6:50-9 Tue 1:15-3:40-6:50-9
Wed-Thu 6:50-9

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cinemasfortune.ca

Burlesque (G) No Passes Wed-Thu 12:50-3:40-
6:50-9:50
Das Rheingold (STC) Sat 1
Date Prévue (13+) Fri 7:05-9:45 Sat-Sun
Due Date (13+) Fri-Thu 5:20-7:35-9:55
Faster (STC) Wed-Thu 12:05-2:40-4:55-7:45-
10:25
**Harry Potter and the Deathly
Hallows: Part 1** (G) No Passes Fri-Thu 12:30-3-
3:45-7:10-15 No Passes Fri-Thu 12:3-15-7:10-10-30
**Harry Potter et les reliques de la mort
- partie 1** (G) No Passes Fri-Wed 11:45-12:15-3-
3:30-6:30-6:45-9:45-10 No Passes Thu 11:45-3-
3:30-6:30-6:45-9:45-10 No Passes Thu 12:15
Incorrigibles (13+) Fri 12:05-6:50-9:50 Sat 3:05-
6:50-9:50 Sun-Tue 12:05-3:05-6:50-9:50
Love & Other Drugs (13+) No Passes Wed-
Thu 12:40-3:20-7:10-10
Megamind 3D (G) Fri-Tue 12:20-2:40-5:20-7-
9:40 Wed 12:20-2:40-5:20-7:10-10-10 Sat-Sun 12:20-
2:40-5:20-7:10-10-10 Fri-Thu 11:35-1:55-4:15-6:35-8:55

**The Metropolitan Opera: Das Rhein-
gold** (STC) Sat 1
Morning Glory (G) Fri-Thu 12:10-2:45-7:25-
10:05
The Next Three Days (13+) Fri-Wed 12:45-
3:35-6:40-9:30 Thu 3:35-6:40-9:30 Star & Strollers
Screening 12:45
Raiponce 3D (G) No Passes Wed-Thu 11:55-
2:20-4:45-7:10-9:35
Red (G) Fri-Sat 3:20-7:30-10:10 Sun-Tue 12:40-
3:20-7:30-10:10
Saw 3D (16+) Fri-Tue 11:55-2:15-4:40-7:10-9:35
Skyline (13+) Fri 11:50-2:10-4:35-7:05-9:25 Sat
11:50-4:35-7:05-9:25 Sun-Thu 11:50-2:10-4:35-
7:05-9:25
Unstoppable (G) Fri-Thu 12:25-2:50-5:15-7:40-
10:20
À fond de train (G) Fri 11:40-2:05-4:30-6:55-
9:20 Sat 11:40-4:30-6:55-9:20 Sun-Thu 11:40-
2:05-4:30-6:55-9:20

BARRHAVEN

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131 Riocan Dr., 613-825-2463

Due Date (14A) Fri 7:30 Sat-Sun 1:30-4:7-9:30
Mon-Thu 5:40-8:20
**Harry Potter and the Deathly
Hallows: Part 1** (PG) No Passes Fri 6:50-10:10
No Passes Sat-Sun 12:3-25-6:50-10:10 No Passes
Mon-Thu 5:30-9:30 No Passes Fri 8:30 No Passes Sat-Sun
12:30-4:30-8:30 No Passes Mon-Tue 5:8-30
Star & Strollers Screening, No Passes Thu 1
Megamind (PG) Fri 7:20-10 Sat-Sun 1:40-4:20-
7:20-10 Mon-Thu 5:20-7:50
Megamind 3D (PG) Fri 6:30-9:20 Sat-Sun 1-
3:50-6:30-9:20 Mon-Thu 5:50-8:40
Skyline (14A) Fri 7:10-9:50 Sat-Sun 1:10-4:10-
7:10-9:50 Mon-Thu 6:8-50 Star & Strollers Screen-
ing Thu 1
Tangled 3D (STC) No Passes Wed-Thu 5:7-40
Unstoppable (PG) Fri 7:40-10:15 Sat-Sun 1:20-
4:40-7:40-10:15 Mon-Thu 5:10-8:10

GLOUCESTER

SILVERCITY
2385 City Park Dr., 613-688-8800

Burlesque (PG) No Passes Wed-Thu 1:10-4-
6:45-9:55
Das Rheingold (STC) Sat 1
Due Date (14A) Fri-Thu 1:30-4:10-7:20-9:40
Fair Game (STC) Fri-Thu 1:20-4:10-6:40-9:20
Faster (14A) Wed-Thu 1:50-4:50-7:35-10:05
**Harry Potter and the Deathly Hallows
Part 1: The IMAX Experience** (PG) No

Passes Fri-Thu 12:3-3:10-7:30
**Harry Potter and the Deathly
Hallows: Part 1** (PG) No Passes Fri-Tue 11:30-
2:20-2:55-6:20-9:45 No Passes Wed-Thu 11:30-
2:20-2:55-6:20-9:45 No Passes Fri-Tue 12:20-
3:50-7:20-10:45 No Passes Wed 4:15-7:30-10:45
No Passes Thu 12:20-3:50-7:20-10:45 Star &
Strollers Screening, No Passes Wed 1
Jackass 3D (18A) Fri-Tue 12:30-3:45-9:25
Love & Other Drugs (14A) No Passes Wed-
Thu 1:15-4:15-6:50-9:30
Megamind (PG) Fri-Sat 12:50-3:20-6:30-9 Sun
12:50-3:20-6:45 Mon-Thu 12:50-3:20-6:30-9
Megamind 3D (PG) Fri-Thu 11:40-2:30-5:7-30-
10
Morning Glory (PG) Fri-Thu 1:30-4:15-9:50
The Next Three Days (14A) Fri 12:40-3:55-
7:05-10:10 Sat 12:40-3:55-7:35-10:35 Sun-Tue
12:40-3:55-7:05-10:10 Wed 3:55-7:05-10:10 Thu
12:40-3:55-7:05-10:10 Star & Strollers Screening
Wed 1
Red (STC) Fri 12:10-3:10-6:10-8:45 Sat 2:45-6:10-
8:45 Sun-Tue 12:10-3:10-6:10-8:45 Wed-Thu
12:10-3:10-6:10-8:50
Saw 3D (18A) Fri-Tue 1:15-3:45-6:50-9:15
Skyline (14A) Fri 11:50-2:10-4:40-7:50-10:20 Sat
11:50-3:50-7:50-10:20 Sun-Thu 11:50-2:10-4:40-
7:50-10:20
The Social Network (14A) Fri 1:10-4:45-9:55 Sat
4:45-9:55 Sun-Tue 1:10-4:45-9:55 Mon-Tue
1:10-4:45-9:55
Tangled 3D (STC) No Passes Wed-Thu 12:30-3-
5:30-8-10:25
Unstoppable (PG) Fri-Thu 1:40-4:30-7:40-
10:15
WWE Survivor Series - 2010 (STC) Sun 8

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Burlesque (PG) Dolby Stereo Digital, No Passes
Wed-Thu 4:15-7:9:55
Due Date (14A) Dolby Stereo Digital Fri-Sun
12:40-4:30-7:30-10:10 Dolby Stereo Digital Mon
3:40-7:30-10:10 Dolby Stereo Digital Tue 12:40-
4:30-7:30-10:10 Dolby Stereo Digital Wed-Thu
3:40-7:30-10:10
**Harry Potter and the Deathly
Hallows: Part 1** (PG) Dolby Stereo Digital, No
Passes Fri-Sun 12:10-3:10-6:15-9:45-12:15

6:30-7:8-9:45-10:10-30 Dolby Stereo Digital, No
Passes Mon 3:15-3:45-4:15-4:30-6:30-7:8-9:40-
10:30 Dolby Stereo Digital, No Passes Tue 12-
12:30-1:2-3:15-3:45-4:15-6:15-6:30-7:8-9:45-10:10-
30 Dolby Stereo Digital, No Passes Wed-Thu 3:15-
4:30-6:30-9:40
Megamind 3D (PG) Dolby Stereo Digital Fri-Sun
12:15-3:20-6:45-9:20 Dolby Stereo Digital Mon-
3:20-6:45-9:20 Dolby Stereo Digital Tue 12:15-3-
6:20-8:50 Dolby Stereo Digital Wed-Thu 3:20-
6:20-8:50
Morning Glory (PG) Dolby Stereo Digital Fri-Sun
12:35-3:20-6:45-9:20 Dolby Stereo Digital Mon
12:35-6:45-9:20 Dolby Stereo Digital Tue
12:35-3:20-6:45-9:20 Dolby Stereo Digital Wed-
Thu 12:35-6:45-9:20
Red (STC) Dolby Stereo Digital Fri-Sun 1:47-15-
10:15 Dolby Stereo Digital Mon 4:7-15-10:15-15 Dol-
by Stereo Digital Tue 1:47-15-10:15
Skyline (14A) Dolby Stereo Digital Fri-Sun
12:50-4:10-7:20-9:40 Dolby Stereo Digital Mon 4-
7:20-9:40 Dolby Stereo Digital Tue 12:50-4:10-
7:20-9:40 Dolby Stereo Digital Wed-Thu 3:50-
7:10-9:50
Tangled 3D (STC) Dolby Stereo Digital, No
Passes Wed-Thu 3:30-6:45-9:30
Unstoppable (PG) Dolby Stereo Digital Fri-Sun
1:15-3:50-7:10-9:50 Dolby Stereo Digital Mon-
3:50-7:10-9:50 Dolby Stereo Digital Tue 1:15-3:50-
7:10-9:50 Dolby Stereo Digital Wed-Thu 3:50-
7:10-9:50

KANATA

KANATA 24
801 Earl Grey Dr., 613-599-1200

Burlesque (PG) Special Engagement Wed-Thu
1:20-1:50-4:20-4:50-7:05-7:35-9:55-10:25
Due Date (14A) Fri-Sun 10:35-12:55-3:15-5:35-
7:10-7:55-9:30-10:15 Mon-Tue 3:15-5:35-7:10-
7:55-9:30-10:15 Wed-Thu 3:15-5:35-7:55-10:15
Fair Game (STC) Special Engagement Fri-Sun
11:40-2:40-4:50-7:25-10 Special Engagement
Mon-Thu 2:20-4:50-7:25-10
Faster (14A) Special Engagement Wed-Thu
1:55-2:25-4:45-5:15-7:10-7:50-9:50-10:20
**Harry Potter and the Deathly Hallows
Part 1: The IMAX Experience** (PG) Special
Engagement Fri-Sun 9:30-12:50-4:10-7:30-10:50
Special Engagement Mon-Thu 1:40-7:20-10:30
**Harry Potter and the Deathly
Hallows: Part 1** (PG) Special Engagement Fri
10:11-12:25-2:25-4:40-5:40-8:9-11:05 Special En-
gagement Sat 11:30-12:15-1:55-2:55-3:40-5:10-
6:10-7:8-9:40-10:20 Special Engagement Sun
10:30-11:30-12:15-1:55-2:55-3:40-5:10-6:10-7-
8:30-9:40-10:20 Special Engagement Mon-Tue

1:30-2:30-4:40-5:40-8:9 Special Engagement
Wed-Thu 1:30-4:40-8 Special Engagement Fri
10:30-11:30-12:15-1:55-2:55-3:40-5:10-6:10-7-
8:30-9:40-10:20 Special Engagement Sat 10:15-
11:25-2:25-4:40-5:40-8:9-11:05 Special
Engagement Sun 10:11-12:25-2:25-4:40-5:40-8-9
Special Engagement Mon-Thu 2:30-3:50-5:10-6:10-
7:8-9:40-10:20 Special Engagement Sat 10
Hereafter (PG) Fri-Sun 12:45-4 Mon-Tue 1:05-4
Jackass 3 (18A) Fri-Sun 11:15-1:45-4:20-6:55-
9:35 Mon 1:45-4:20-6:55-9:35 Tue 1:45
Love & Other Drugs (14A) Special Engagement
Wed-Thu 1:25-1:55-4:05-4:35-7:10-7:40-
9:50-10:20
Megamind (PG) Fri-Sun 11:05-1:30-4:30-6:30-9
Mon-Thu 1:30-4:30-9
Megamind 3D (PG) Special Engagement Fri
10:35-11:35-12:10-3:30-4:40-5:55-7:15-8:30-9:45
Special Engagement Sat 10:35-12:10-3:30-4:40-
5:55-7:15-8:30-9:45 Special Engagement Sun
10:35-11:35-12:10-3:30-4:40-5:55-7:15-8:30-9:45
Special Engagement Mon-Tue 12:10-3:30-4:40-
5:55-7:15-8:30-9:45 Special Engagement Wed-
Thu 2:10-4:40-7:15-9:45
Morning Glory (PG) Special Engagement Fri-Sun
10:50-11:20-1:40-2:10-4:15-4:45-7:30-9:40-
10:10 Mon 1:40-2:10-4:15-4:45-7:30-9:40-10:10
Tue 1:40-2:10-4:45-7:30-10:10 Wed-Thu 2:10-
4:45-7:30-10:10
The Next Three Days (14A) Special Engagement
Fri-Sun 10:45-1:35-4:25-7:20-10:10 Special
Engagement Mon-Thu 1:35-4:25-7:20-10:10
Paranormal Activity 2 (14A) Fri-Sun 11:10-
4:35-10:05 Mon-Tue 4:35-10:05
Red (STC) Fri-Sun 11:30-2:15-5:7-10:25 Mon-
Thu 2:15-5:7-10:25
Secretariat (G) Fri-Sun 10:55-1:50-4:45-7:35-
10:25 Mon-Thu 1:50-4:45-7:35-10:25
Skyline (14A) Special Engagement Fri-Sun
11:25-12:25-2:45-4:30-5:15-7:15-8:9-45-10:30
Mon-Tue 2:45-4:30-5:15-7:15-8:9-45-10:30 Wed-
Thu 2:40-7:15-9:45
The Social Network (14A) Fri-Sun 10:40-
1:30-4:20-7:10-9:55 Mon-Thu 1:30-4:20-7:10-9:55
Tangled (STC) Special Engagement Wed-Thu
2:30-5:7-9:40
Tangled 3D (STC) Special Engagement Wed-
Thu 2:30-5:7-9:40
The Town (14A) Fri-Tue 1:45-7:05
Unstoppable (PG) Special Engagement Fri-Sun
11:20-11:50-2:05-2:35-4:35-5:05-7:05-9:35-
10:20 Mon 2:05-2:35-4:35-5:05-7:05-9:35-
10:20 Tue 2:05-2:35-4:35-5:05-7:05-9:35-
10:20 Wed 2:05-2:35-4:35-5:05-7:05-9:35-
10:20 Thu 2:05-2:35-4:35-5:05-7:05-9:35

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Mix of Six

Authors

The Ottawa Authors and Artisans Fair

More than 45 local authors will display and sell their books. New this year are local artisans selling original crafts, as well as a workshop for writers on Saturday and public tours of the historic building. During the tours, fairgoers will have the opportunity to view part of the university's collection of historic books, some of which are several hundred years old. Saturday and Sunday, Dominican University College, 96 Empress Avenue.

Art

Third annual winter art sale

The Old Ottawa East Community Activities Group is showcasing the work of local artists. This year the featured artist is Ottawa-born John Jarrett, who took up painting following a career in education. The event is free. Friday, 7:30 to 9:30 p.m. and Saturday, 10 a.m. to 4 p.m., Old Town Hall, 61 Main St.

Concert

Ekalavya

Ekalavya is an Indian and Canadian tradition, which has found a home in the nation's capital. Ekalavya is the story of a hopeful youth yearning for knowledge, and through the dynamic story telling art forms of dance and music these artists strengthen our common Canadian bonds. Friday, 7 p.m. The Shenkman Arts Centre

Sing-along

Mamma Mia!

Audiences are invited to sing and dance-along with Mamma Mia!, a hit movie highlighting the songs of ABBA. Everyone is invited to sing their favorite hit songs such as Dancing Queen, S.O.S., Money, Money, Money, and Take a Chance on Me. There will be prizes for costumes and door prizes. Proceeds from the show will be donated by the Ottawa Family Cinema to families living below the poverty line. Friday, 7 p.m., Ottawa Family Cinema.

Storytelling

Ottawa International Storytelling Festival

The Ottawa International Storytelling Festival is bringing some of the best performers from Canada, the United States and Europe to present four days of dynamic storytelling. Each night will also offer late-night concerts, which will feature performances by storytellers, slam poets, comedians, and musicians, with free refreshments. Friday through Sunday, Mayfair Theatre and Saint Brigid's Centre.

Music

Luke Doucet

Spectrasonic and punkot-tawa.com present Six Shooter recording artist Luke Doucet and the White Falcon for an intimate show in support of new album Steel City Trawler. Steel City Trawler features intuitive and unique comic book art by the talented David Collier and a steady look at life, love and Hamilton, ON. Friday, 8 p.m., Mavericks at 221 Rideau St.



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DVD

It's like you died and went to action-hero heaven. The Expendables — with a muscled-up lineup that includes Sylvester Stallone, Jason Statham, Jet Li, Dolph Lundgren, Steve Austin and others — is available on DVD and Blu-ray next week.

Harry Potter

Sales

The newest installment of the Harry Potter franchise is now in theatres, and part two is due out next year. So we decided to do the math to see how much the whole series — books and merchandising have made to date. Our estimate: \$24 billion.

iPod Nano

Tech

Looking for a gift for that special someone in your

life? It may not sound romantic, but the iPod Nano is

new and improved, and now with a touch screen. To make it a little more personal, why not fill it with all your loved one's favourite songs before wrapping it? apple.com/ipodnano

The Little Prince

Books

His name is the Little Prince, and he comes from outer space, and now fans of Antoine de Saint-Exupéry's extraterrestrial visitor can enjoy the adventure in a pop-up version of the book. anthropologie.com



Boutiques.com

Fashion

If you'd love being a fly on the wall during your favourite celebrity's shopping spree, than bookmark Boutiques.com. Earlier this week, Google launched the online shopping platform, where readers and (most notably) celebrities, designers, retailers and fashion bloggers, curate their own little shops with items on their wish lists.

Stay warm

Style

There is no denying it; fall is well into its middle-age and winter is beginning to nip on its heels.

But let's face it; who doesn't like wearing thick sweaters once that cold wind blows? There's no better time than now to invest in a warm, wooly one to keep that bone-chilling cold at bay.

● METRO

Metro pick



Boy band bonanza

Two of the best-selling boy bands of all time will join forces for a melodic

moment at the American Music Awards this weekend. The Backstreet Boys and New Kids on the Block are set to close the broadcast with a musical mash-up. ● METRO

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AMAs set to take stage on Sunday

► Rihanna, Santana and Pink prep unique performances for American Music Awards

The American Music Awards are typically so packed with performances, the actual awards are almost an afterthought.

That's likely to be the case again this year, with at least 16 performances planned for Sunday night's ceremony at the Nokia Theatre.

"Each performance is like a show unto itself," said producer Larry Klein, adding that last year's show boasted a mile-long stack of set pieces.

His team encourages each artist to come up with a unique concept and look for their performance, and almost anything goes.

"We're the only show that gives each individual artist the creativity and the right to collaborate and come up with some-



► Pink

thing great that's specifically done just for them," he said.

For Pink, that means a stage full of skateboard ramps, skateboarders and aerial artists.

Another performer (Klein wouldn't say who) will appear on an industrial set with moving boxes and elevator lifts.

Carlos Santana, who is

"Each individual (set) has its own specific look. Nothing is duplicated."

LARRY KLEIN, AMA PRODUCER

performing with Gavin Rossdale, says he doesn't have any special tricks up his sleeve other than to envelop the audience with music and "make the females happy."

"That delicious sensuousness, it's a whole galaxy in itself," he said in an interview. "When Gavin sings Bang a Gong and Santana plays, you set the table... It's very sensuous, and that's one of the main ingredients to make women happy."

THE ASSOCIATED PRESS

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Luke Doucet
And The White Falcon

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Rocknet Telecom: 1020 St. Laurent Blvd, Unit 12
Bullo Wireless: 1414 Walkley Rd

No holiday wish for Lovato

► Disney star to remain at treatment centre

It looks like Demi Lovato isn't getting her wish to go home for Thanksgiving.

The Disney star will reportedly spend the holiday at the treatment centre where she's addressing her "emotional and physical issues."

But there is some good news: Her family will "be there to celebrate Thanksgiving with her," according to People magazine.

Her rep also told the magazine she has more work to do.

● METRO



► According to reports, Demi Lovato will remain in a treatment centre during Thanksgiving.

Is Tony Parker a flirt or a cheater?

Now that Eva Longoria has reportedly filed for divorce, folks close to hus-

band Tony Parker are insisting the basketball player wasn't cheating, according to Hollyscoop. "They sent each other messages," a source close to Parker says of his interactions with a mutual friend of the couple. "It was flirtatious, but he never did anything with her."

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Lohan's mom is 'furious' with Paltrow

Gwyneth Paltrow failed to charm at least one viewer with her guest spot on *Glee* this week, where she played a substitute Spanish teacher.

Dina Lohan is reportedly furious that Paltrow's character made light of daughter Lindsay Lohan's personal issues as part of a Spanish lesson.

She called the scene "tasteless," according to Hollyscoop. "Shame on them," Dina reportedly says. ● METRO

Klum's secret

Heidi Klum says the secret for women to keep looking good as they age is simple: eat something. "The ultimate beauty se-

cret for a woman getting older is, 'Don't be too thin,'" she tells Self.

"When you are just muscle, you end up being gaunt in the face, and that makes you look older by five or 10 years." ● METRO



Talking points

Gaga running

MUSIC. Lady Gaga is reportedly trying to get the rights to all pre-fame photos and videos of her, according to *More* magazine. "She hates things from her past being made public," a source says. "She's contacted exes, childhood friends and workmates to buy the copyright to any old pictures and footage to make sure that nothing else surfaces." ● METRO

Portia DeGeneres refuses to speak with male reporters

While in Australia to promote her new book, Portia DeGeneres is causing quite a stir by reportedly refusing to speak with male interviewers, according to the *Herald Sun*.

And at least one of the

spurned interviewers, morning show host David Koch, is upset enough to cry foul.

"If a male said, 'I don't want to be interviewed by a woman', there would be a massive outcry of dis-

crimination," Koch says. "Obviously she has got issues and I feel quite sorry for her."

DeGeneres is promoting her memoir, *Unbearable Lightness: A Story of Loss and Gain*. ● METRO

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JILLY BLACK JUNO-WINNING R&B SINGER KEEPS CHANGING IT UP

STEVE COLLINS
OTTAWA@METRONEWS.CA

When Canadian R&B queen Jilly Black performs with LIGHTS at the Shenkman Arts Centre on Nov. 24, she promises a one-of-a-kind evening for her audience.

"There's no two shows that are exactly alike," the Toronto-born Black says.

"I really got that from doing theatre. Even though you might say the same lines every night, you have to deliver them new every night, and that's how I feel about my songs."

"I sing the same words, but I have to deliver them so that each audience gets its own experience."

Black, who has played numerous Bluesfest and Winterlude dates in Ottawa, is performing a second show at the Perth and District Collegiate Auditorium Nov. 27.

She says fans there can expect a change in tempo.

"One show is a little more acoustic and the other one is all the way full-on rock," she says. "Both shows have the exact same band members but we've been able to modify it to use more percussion and stuff," she says.

"Both will have songs and stories, both will have a lot of energy. I even sweat in my acoustic show, so that'll let you know something. You can just expect a good time, really."

It's a Wonderful Life returns

- ▶ Tony Palermo adapted the original film script for Gladstone production
- ▶ Gladstone Sisters add '40s flair to theatre show

STEVE COLLINS
OTTAWA@METRONEWS.CA

For some of us, the Frank Capra Classic *It's A Wonderful Life* is as much a part of the holiday as *The Nutcracker* or *The Grinch Who Stole Christmas*.

Firmly in that camp is Terri Loretto, who directs this year's holiday season production of *It's A Wonderful Life: The Radio Show*, at the Gladstone.

"I adore the black and whites," she says.

"My mom and I used to sit up late and watch (*It's A Wonderful Life*) or *Casablanca* or *The Thin Man* on New Years and fall asleep on the couch."

This is Loretto's second production of *It's A Wonderful Life*, which was originally conceived as a quick replacement production should a regular performance at the Gladstone fall out.

"We got the gang together, rehearsed about three days and had a fantastic 'fly by the seat of

Did you know?

▶ *It's A Wonderful Life* star Jimmy Stewart reprised his role as George Bailey, which he often cited as his favourite part, for a one-hour NBC radio version of the story in 1947.



▶ The cast of *It's a Wonderful Life* in their '40s finery.

our pants' kind of show, which I think captured the spirit of those original live radio shows perfectly," Loretto says of the play's first run.

Also returning to this version of the production are the Gladstone Sisters, a trio of singers in the style of the Andrews Sisters, who add a little '40s flair and lead the audience in the closing sing-along of Auld Lang Syne.

Get your tickets here

It's A Wonderful Life: The Radio Show runs every night at 8 p.m. from Dec. 9 to 18 at The Gladstone Theatre.

Tickets are \$38 for adults, \$33 for seniors and \$23 for students, and HST

is included in the price.

To reserve your seats, call the box office at 613-233-4523, drop by in person at 910 Gladstone Avenue, or buy online at TheGladstone.ca.

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Lighting up the Capitol

► The illumination ceremony on Parliament Hill starts at 6 p.m. on December 2



STEVE COLLINS
OTTAWA@METRONWS.CA

On Dec. 2, when the switches are thrown and the Parliament Buildings, Chateau Laurier, National

"It's a major event for us to see it fully lit."

YOLANDA CHARETTE, NCC

Gallery and other landmarks are bathed in multi-coloured Christmas lights, Yolanda Charette, a landscape architect with the National Capital Commission, glows with pride.

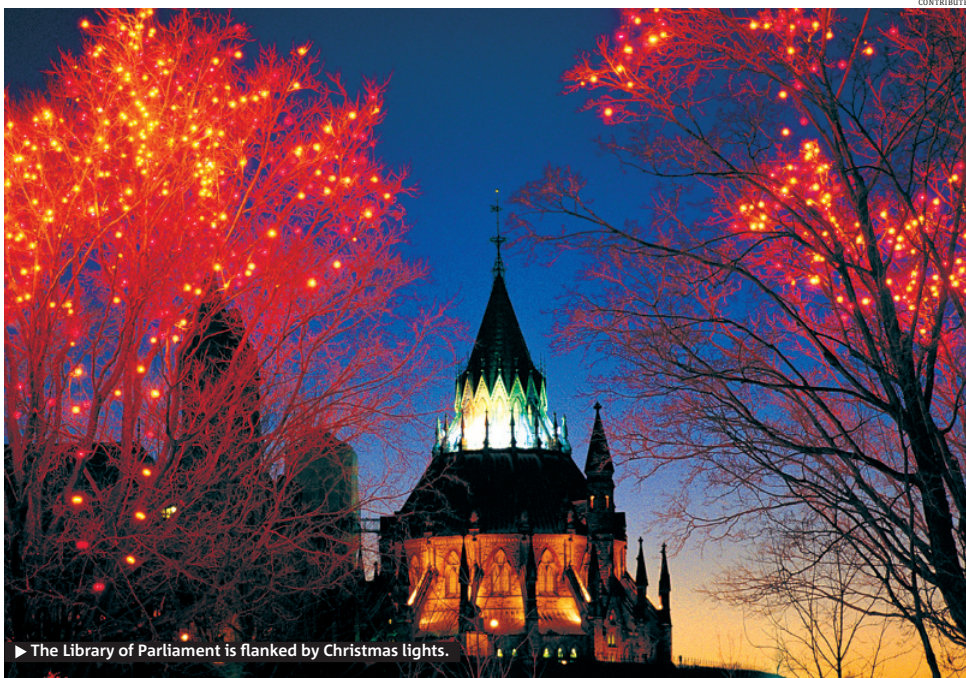
"That's a big thing. It's a major event for us to see it fully lit" says Charette, who's part of the team behind the Christmas Lights Across Canada program, which festoons the capital, and the country, in twinkling lights every year.

The Illumination Ceremony on Parliament Hill, which features carolling and free hot chocolate and Beaver Tails, is a festive start to the holiday season.

Illuminating

history

► The Christmas Lights Across Canada program was launched in 1985 by the National Capital Commission (NCC) as one of a host of initiatives aimed at livening up the winter months. At first only Parliament Hill was decorated, but the program has grown over the years to include 20 NCC sites and over 40 other sites along Confederation Boulevard. Source: NCC



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European Union Film Festival is turning 25

► All films appearing in Ottawa for the first time



► A scene from Cypriot writer and director Corinna Avraamidou's *The Last Homecoming*.



As Ottawa's European Union Film festival enters its 25th season, executive Tom McSorley feels like celebrating.

"It is kind of a festive feeling actually to have survived two and a half decades," he said. "It's really exciting and we have a great lineup."

This year, for the first time, movie buffs will be able to buy tickets in advance instead of lining up at the door in hopes of getting a seat. Five film festival passports are also available.

All films are presented in their original languages with English subtitles, and

McSorley says filmgoers can expect to have stereotypes about inaccessible foreign films exploded.

"One thing we like to do when we're making selections and suggestions for films to show is not to have everything heavy, arty and existentially full of dread, but to have a variety of film experiences," he said. "Actually, there's a couple really funny films in the festival this year, a couple of documentaries even."

The festival opens with *A Perfect Match*, a romantic comedy from Belgium.

The European Union Film festival runs from Nov. 18 to Dec. 5.

For more information, go to euff.ca.

25 years

of great flicks

This year's festival guide includes a retrospective of the films featured over the festival's history. "It is interesting to go back and look at what has been screened here and the kind of filmmakers whose work we've been able to bring to Ottawa," said executive director Tom McSorley.

► Some of those films:

- Theo Angelopoulos, Greece: *Voyage to Cythera* (1984), *Ulysses' Gaze* (1995), *Eternity and a Day* (1998)
- Bertrand Tavernier, France: *Daddy Nostalgie* (1990)
- Aki Kaurismäki, Finland: *La Vie De Bohème* (1992), *Juha* (1999)
- Roy Andersson, Sweden: *Songs from the Second Floor* (2000), *You, the Living* (2007)

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► Pat Moore, left, and Tony Turner onstage at the Christmas Goose concert.

Christmas Goose back for year eight

► Ottawa songwriters celebrate the season helping the Ottawa Food Bank

STEVE COLLINS
OTTAWA@METRONEWS.CA

Musical collaboration, audience participation and a good cause have turned out to be a recipe for longevity for the Christmas Goose concert, which comes to the NAC's Fourth Stage Dec. 4.

"We're eight years into it now. I can't believe we've actually come this far and I don't really see an end to it."

PAT MOORE, PERFORMER

"We're eight years into it now," says performer Pat Moore.

"I can't believe we've actually come this far, and I don't really see an end to it."

It all started when a group of Ottawa musicians got together to write original holiday season songs for their mutual entertainment (Goose, incidentally, stands for Gaggle Of Ottawa Songwriters Exposed).

"They were such wonderful songs that we decided we should record them," says Moore.

"So we recorded the songs and produced the Christmas Goose album.

Then we decided we couldn't just have an album and not a celebration of it. So we decided to have Christmas Goose Concert."

Eight years and two albums later, the Christmas Goose concert has become a local holiday tradition for many families in the audience.

As an added Christmas bonus, proceeds from tickets and CD sales are donated to the Ottawa Food Bank.

"The idea was to celebrate the Christmas season and to give back to the community by donating to the Ottawa Food Bank," says Moore.

For a good cause

The Christmas Goose concert is a benefit for the Ottawa Food Bank.

Food Banks Canada reports that the use of food banks has risen to record levels in the past two years, after what had

been four years of declines.

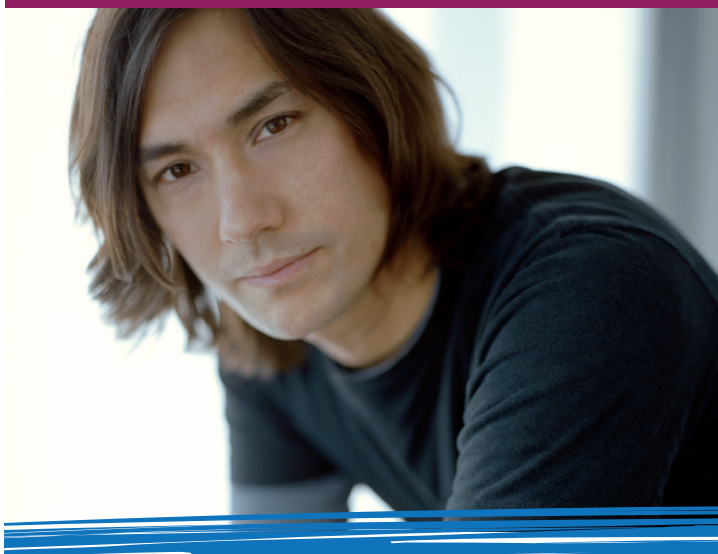
The Ottawa Food Bank provides emergency food aid to 43,000 people a month, 40 per cent of whom are children, and supports more than 135

local food programs.

Executive director Peter Tilley says he saw demand at the food bank go up by 13 to 16 per cent in the first three months of this year over last year. **STEVE COLLINS**

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Small changes make a big difference

► The Eat This series makes food choices easy ► Advice for eating out or cooking at home

Looks like Americans really do like being told what to eat.

Three years after first telling readers to pick McNuggets over Filet-O-Fish and the low-carb slice over the deep dish pizza, books in the Eat This, Not That! series continue to offer sometimes surprising restaurant and supermarket tips.

The latest entries, the 2011 edition of Eat This, Not That! and a second Cook This, Not That! cookbook offers lower-calorie versions of restaurant favourites like burgers and calzones.

That's 10 books and more than six million copies in a series that still sells like hotcakes (which readers are advised to eat with fruit on top, not sugary supermarket syrup).

The "Eat This" concept is simple and clever.

Compare similar foods — maybe two sandwiches from the same chain, or two canned soups or chocolate bars — and list the calories, fat and salt in each.

The healthier choice is tagged "Eat This" and the one clogged with bad stuff gets a "Not That!"

So, Krispy Kreme customers are told to go for the sugar doughnut over the powdered cake doughnut to save 90 calories, while Reese's Peanut Butter Cups gets the nod over Reese's Fast Break bar for a 50-calorie savings.

"Is it the healthiest food

imaginable? No," says series co-author David Zinczenko. "But if you try to tell people to put down the burger and go eat some broccoli, they're never going to make any realistic progress."

Zinczenko, editor-in-chief of Men's Health magazine, instead educates readers so they can make better — or, in some cases, less bad — choices at a given restaurant and at the supermarket.

Order a Pesto Turkey Bullet with tomato basil soup at Quiznos instead of the Turkey Club Torpedo and you're avoiding 360 calories. Do it 10 times and you have avoided gaining more than a pound.

THE ASSOCIATED PRESS



► Stuffed Dates from Eat This, Not That!

Dates, not mushrooms

The folks behind the Eat This, Not That! book series say these indulgent treats are a better choice for a holiday party nibble than the stuffed mushrooms you often encounter — and they are truly delicious.

Start to finish: 30 minutes.

Preparation:

- 1 Heat oven to 220 C (425 F).
- 2 Using a sharp paring knife, make a slit across the length of each date so that the pocket in the fruit is exposed. Remove the pit inside the date and replace it with an almond.

- 3 Spoon about 7 ml (1/2 tbsp) of the blue cheese into the pocket over and around the almond in each date. The dates should be tightly stuffed, but not overflowing with cheese. Place each date at the bottom of a bacon strip half and roll up as tightly as possible. Secure with a toothpick.

- 4 Place dates on a non-stick baking sheet and bake for about 20 minutes or until the bacon has rendered fat and is brown and crispy. Top each with a bit of black pepper and serve.

Ingredients :

- 8 Medjool dates
 - 8 almonds
 - 50 ml (1/4 cup) crumbled blue cheese
 - 4 strips bacon, halved crosswise
 - Ground black pepper, to taste
- Makes 4 servings.

Nutrition information per serving (values are rounded to the nearest whole number): 280 calories; 125 calories from fat (45 per cent of total calories); 14 g fat (5 g saturated; 0 g trans fats); 22 mg cholesterol; 37 g carbohydrate; 6 g protein; 4 g fibre; 307 mg sodium.

THE ASSOCIATED PRESS

3

life

Food in brief



A pretty glass jar of basil, garlic or rosemary packed in oil is a popular hostess gift, but health Canada warns that if the food hasn't been properly prepared, canned, heat-processed, bottled or stored, it can cause serious illness, such as botulism.

THE CANADIAN PRESS



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Five ways the Argos could win

► The Alouettes may be the heavy favourite to win Sunday's East final, but that doesn't mean Toronto has no shot at reaching the Grey Cup final



DARRYL DYCK/THE CANADIAN PRESS

GO DEEP, CLEO, GO DEEP

If the Argos play the rope-a-dope game they used against Hamilton last week, the Als will eat them alive, says TSN analyst Duane Forde.

"The Argos have had some success against Montreal by being more aggressive offensively," Forde said. "They have to continue to do that."

Argo quarterback Cleo Lemon has had some success against the Als — five of his 15 touchdown passes came against Montreal — and has opened it up more on Montreal's suspect defensive backs.



RICK EGLINTON/TORSTAR NEWS SERVICE

► Cleo Lemon breaks free against Hamilton last Sunday.



JEFF MCINTOSH/THE CANADIAN PRESS

MAKE LIFE TOUGH FOR AC

Nobody is more effective in controlling the tempo of the game than Montreal QB Anthony Calvillo, who tears defences apart with his short passing game.

"If they let him sit back there and find his receivers, it will be a long day," said Argo radio analyst Peter Martin.



RICK MADONIX/TORSTAR NEWS SERVICE

STOP BEING SO CHARITABLE

This could be the rallying cry for the Argos against any team. They had the second-highest turnover total in the league, but were an astonishing 9-0 in games in which they turned over the ball fewer times than the opposition. But it's essential against Montreal, which has feasted on Argo turnovers this year.



GRAHAM HUGHES/THE CANADIAN PRESS

SECOND THAT EMOTION

Montreal linebacker Diamond Ferri said this week that Cleo Lemon would be "shark bait" on Sunday.

That's the kind of thing the Argos have been feeding off lately, enjoying the underdog role and using it to their advantage. It's the kind of thing that often turns underdogs into victors.



FRANK GUNN/THE CANADIAN PRESS

FROM BLACK HOLE TO RED ZONE

Simply put, the Argos have to start scoring more points inside the other team's 20-yard line. They were there four times against Hamilton last week and managed only one touchdown. That won't do the job against Montreal.

TORSTAR NEWS SERVICE

King Felix gets his Cy Young coronation

For once, Felix Hernandez got all the support he needed for a big win.

The Seattle Mariners ace earned the AL Cy Young Award Thursday despite a modest 13-12 record. His major league-leading 2.27 ERA and superior stats put him far ahead of Tampa Bay's David Price and the Yankees' CC Sabathia and their impressive win-loss numbers.

Victimized by the Mariners' poor hitting all season, Hernandez found ample backing with the voters in this pitchers' duel. They clearly recognized how little the last-place Mariners helped him — in 10 starts, they were either shut out or held to one run.

"This confirms the Cy Young is an award not only for the pitcher with the most wins, but the most dominant," a teary-eyed Hernandez said while celebrating with relatives at the family home in Valencia, Venezuela.

King Felix got 21 of the 28 first-place votes and 167 points in balloting by the Baseball Writers' Association of America. The 24-year-old right-hander led the league in innings (249%), was second in strikeouts (232) and held AL opponents to the lowest batting average (.212).

Price, who went 19-6 with a 2.72 ERA, was second with four first-place votes and 111 points. Sabathia, who was 21-7 with a 3.18 ERA, drew the other three first-place votes and finished third at 102.

"Felix is VERY deserving of the award," Price tweeted. "I don't think people understand the numbers he put up outside wins/losses!"

The 13 wins by Hernandez marked the fewest for a Cy Young starter in a full season. THE ASSOCIATED PRESS



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BUD LIGHT

Booster Juice



Wise customers read the fine print: ♦ ♦ ♦ The Deck the Driveway Holiday Event offers apply to retail deliveries of selected new and unused models purchased between November 16, 2010 and November 30, 2010 from participating retailers. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailer for complete details and conditions. ♦ ♦ ♦ The up to \$500 First Free Payment Offer includes an amount on account of GST/HST (where applicable) and in the Province of Quebec, GST and QST. Customers may choose to have the up to \$500 (including taxes) First Free Payment Offer applied to reduce the selling price after taxes. Their new vehicle purchase, when they have their first free payment. Offer is available to all retail customers that purchase a new eligible 2010/2011 Chrysler, Jeep, Dodge or Ram from November 16, 2010 through November 30, 2010 (excluding only the following 2010 and 2011 models: Jeep Patriot 4x4 Sport, Compass 4x4 Sport, Wrangler 2 Door Sport, Dodge Journey SE, Grand Caravan Cargo Van & C/P, Caravan C/P & SE Plus, Ram 1500 Regular Cab 4x2/4x4 and Ram Cab and Chassis). ♦ ♦ ♦ Customer Choice Financing for 36-, 48-, 60- and 66-month terms on approved credit through TD Financing Services and Ally Credit Canada is available at participating dealerships to qualified retail customers on most new 2010 Chrysler, Jeep, Dodge and Ram models (except Grand Caravan Cargo Van and Ram Chassis Cab) and select 2011 Chrysler, Jeep, Dodge and Ram models. The following terms apply to TD Financing Services contracts. (Different contract terms apply to Ally Credit Canada offers. See your retailer for complete details.) Vehicles are financed over a 36-, 48-, 60- or 66-month term with payments amortized over a term of up to 36 months and the pre-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of returning their vehicle through a Chrysler, Jeep, Dodge, Ram dealership with no further obligations (except payment of a \$199 return fee and excess wear and tear, mileage and similar charges), financing the remaining balance for the rest of the amortization period at their current standard rates or paying the residual balance in full. Some conditions apply. Customer Choice Financing offered by TD in Quebec is subject to different terms and conditions. All advertised Customer Choice Financing offers are TD offers. Example: 2011 Jeep Grand Cherokee Laredo (286) with a Purchase Price of \$36,235 (includes \$500* First Free Payment Offer) financed at 2.99% APR over 60 months with payment amortized over 60 months equals 150 bi-weekly payments of \$244 and one final payment of \$10,355 for a cost of borrowing of \$3,723 and a total obligation of \$42,018.34. Taxes, license, insurance, excess mileage and wear and tear charges, any dealer administration fees and other applicable fees and charges not included. Retailers may sell for less. See participating retailers for complete details. ♦ ♦ ♦ Loyalty Bonus Cash is offered on most 2010/2011 models (with the exception of 2010/2011 Ram 1500 Regular Cab 4x2 and 4x4, 2010/2011 Jeep Wrangler Sport, 2010 Dodge Journey SE, 2010 Dodge Grand Caravan C/P and Cargo Van (C/V)) and is deducted from the negotiated price after taxes. Eligible customers include those with Gold Key Lease maturity dates between November 1, 2010 and January 3, 2011. Some conditions apply. See your retailer for complete details. ♦ ♦ ♦ SHUS and the dog logo are registered trademarks of Sirius Satellite Radio Inc. ♦ ♦ ♦ Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

DECK THE DRIVEWAY HOLIDAY EVENT



**GO ANYWHERE.
AT A PRICE YOU'LL BE SHOUTING
FROM THE MOUNTAIN TOPS.**

ALL NEW 2011 JEEP GRAND CHEROKEE LAREDO

- New 3.6L Pentastar™ VVT V6 delivering 32 MPG Highway & 290 hp
- New Premium Interior & 4-Wheel Independent Suspension
- Passive Entry Keyless Enter-n-Go
- Quadra-Trac® 4-Wheel Drive System
- More than 45 Safety & Security Features
- Leather-wrapped steering wheel with audio controls

2011 Jeep Grand Cherokee Overland (in White Gold) shown.

CUSTOMER CHOICE FINANCING

\$244 @ **2.99%**^{††}
BI-WEEKLY | FOR 60 MONTHS
AND *0 DOWN

**WITH THE OPTION TO RETURN
AFTER 60 MONTHS**

(Includes \$500* First Free Payment Offer)

WE'LL MAKE YOUR FIRST PAYMENT UP TO \$500*

Your local retailer may charge additional fees for administration/pre-delivery that can range from \$0 to \$1,098 and anti-theft/safety products that can range from \$0 to \$1,298. Charges may vary by retailer.

RETURNING LEASE CUSTOMERS, GET UP TO \$1,500 LOYALTY CASH*



Jeep.

DODGE



RAM

VISIT YOUR NEIGHBOURHOOD CHRYSLER, JEEP®, DODGE, RAM RETAILER.

Jeep.ca/Offers

DODGE
Caravan Kids

PRIDE SPONSOR OF AMERICA'S YOUTH CHOCOLATE CONTEST

SIRIUS
SATELLITE RADIO

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	19	14	4	1	0	70	49	29	10-1-0	4-3-1-0	8-1-1-0	W2
d-Philadelphia	20	12	6	2	0	70	49	26	8-4-0-0	4-2-2-0	7-2-1-0	L2
d-Montreal	19	12	6	1	0	49	39	25	6-4-1-0	6-2-0-0	6-4-0-0	L1
Boston	17	11	5	0	1	51	31	23	4-4-0-1	7-1-0-0	6-3-0-1	W3
Tampa Bay	19	10	7	2	0	60	63	22	4-2-1-0	6-5-1-0	4-5-1-0	W2
Pittsburgh	20	10	8	2	0	61	53	22	4-5-1-0	6-3-1-0	5-4-1-0	W1
NY Rangers	19	10	8	1	0	57	52	21	4-6-1-0	6-2-0-0	6-4-0-0	L1
Ottawa	19	9	9	1	0	47	60	19	5-4-0-0	4-5-1-0	6-4-0-0	L2

Carolina	18	9	9	0	0	58	61	18	5-3-0-0	4-6-0-0	5-5-0-0	W1
Toronto	18	7	8	1	2	43	52	17	5-4-1-1	2-4-0-1	2-6-0-2	W2
Atlanta	19	7	9	1	2	58	49	17	3-5-0-1	4-4-1-1	3-5-0-2	L3
Buffalo	20	7	10	3	0	53	64	17	2-6-1-0	5-4-1-0	4-4-2-0	L1
Florida	17	8	9	0	0	46	44	16	5-2-0-0	3-7-0-0	5-5-0-0	L1
New Jersey	19	5	12	1	1	34	62	12	1-5-1-1	4-7-0-0	3-6-0-1	L1
NY Islanders	18	4	11	1	2	39	62	11	2-3-0-1	2-8-1-1	0-9-0-1	L11

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	16	12	3	0	0	58	40	25	8-1-0-1	4-2-0-0	8-2-0-0	W4
d-Los Angeles	17	12	5	0	0	53	39	24	8-1-0-0	4-4-0-0	7-3-0-0	L2
d-Vancouver	18	10	5	1	2	55	46	23	6-0-0-1	4-5-1-1	7-2-1-0	L2
Anaheim	21	10	8	1	2	52	61	23	7-1-0-1	3-7-2-0	6-2-2-0	L3
Chicago	21	10	9	1	1	62	59	22	5-7-0-0	5-2-1-1	4-5-0-1	W2
San Jose	17	9	5	3	0	51	44	21	6-2-2-0	3-3-1-0	6-2-2-0	L1
St. Louis	17	9	5	1	2	44	47	21	6-0-0-1	3-5-1-1	6-3-0-1	L4

Colorado	18	10	7	1	0	63	56	21	5-4-0-0	5-3-1-0	6-3-1-0	W2
Phoenix	18	8	5	4	1	50	54	21	4-2-2-1	4-3-2-0	6-2-1-1	W4
Columbus	16	10	6	0	0	46	41	20	5-5-0-0	5-1-0-0	7-3-0-0	W1
Minnesota	17	9	6	0	2	40	39	20	6-3-0-1	3-3-0-1	5-4-0-1	W2
Nashville	17	8	6	3	0	45	48	19	3-1-3-0	5-5-0-0	4-4-0-0	W1
Dallas	16	9	7	0	0	48	45	18	6-3-0-0	3-4-0-0	4-6-0-0	W1
Calgary	17	7	10	0	0	47	52	14	4-5-0-0	3-5-0-0	3-7-0-0	L3
Edmonton	17	4	10	1	2	42	71	11	2-5-0-0	2-5-1-2	2-6-1-1	L5

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results	Florida 2 Atlanta 1
Boston 4 Florida 0	Minnesota 2 Anaheim 1 (OT)
Toronto 3 New Jersey 1	Tampa Bay 4 N.Y. Islanders 2
Tampa Bay 8 Philadelphia 7	Washington 4 Buffalo 2
Nashville 3 Montreal 0	Tonight's games
San Jose at Dallas	(All times Eastern)
Wednesday's results	Carolina at Pittsburgh, 7 p.m.
Carolina 7 Ottawa 1	Minnesota at Detroit, 7:30 p.m.
Chicago 5 Edmonton 0	Los Angeles at Buffalo, 7:30 p.m.
Phoenix 3 Calgary 1	Washington at Atlanta, 7:30 p.m.
Pittsburgh 3 Vancouver 1	Ottawa at St. Louis, 8 p.m.
Boston 3 N.Y. Rangers 2	N.Y. Rangers at Colorado, 9 p.m.
Colorado 4 San Jose 3 (OT)	Phoenix at Edmonton, 9 p.m.
Columbus 5 Los Angeles 3	Chicago at Calgary, 9:30 p.m.
Detroit 7 St. Louis 3	Columbus at Anaheim, 10 p.m.

LEAFS 3, DEVILS 1

First Period	ference 12:21.
No Scoring.	Third Period
Penalties — Volchenkov NJ (hooking) 10:33, Rolston NJ (tripping) 19:48.	2. Nashville, O'Reilly 4 (Sullivan, Hornqvist) 8:55
Second Period	3. Nashville, Goc 5 (Klein, Bouillon) 11:57
1. Toronto Grabovski 5 (Kulemin, MacArthur) (pp) 1:43	Penalties — Hamrik Mtl (interference) 3:28, Spasek Mtl (tripping) 17:47.
2. Toronto Kessel 9 (Kadri, Komisarsk) 7:29	Shots
3. New Jersey Zubrus 2 (Vasyunov, Kovachuk) 10:14	Nashville 16 5 9 30
Penalties — Mitchell Tor (delay of game) 2:18, Schenn Tor (cross-checking) 18:46.	Montreal 9 12 9 30
Third Period	Goal — Nashville: Rinne (W, 5-5-2); Montreal: Price (L, 11-6-1). Power plays (goals-chances) — Montreal 0-4; Nashville: 0-3.
4. Toronto Versteeg 5 (Kadri, Kabele) (pp) 13:17	Att. — 21,273 at Montreal.
Penalty — Corrente NJ (cross-checking) 12:14.	

Shots	
New Jersey 6 12 12 30	
Toronto 11 9 7 27	
Goal (shots-saves) — New Jersey: Brodeur (20-18) (L, 4-10-1); Hedberg (7-6) (start of third); Toronto: Gustavsson (W, 2-3-1) Power plays (goals-chances) — New Jersey: 0-2 Toronto: 2-3.	
Att. — 19,271 at Toronto.	

PREDATORS 3, CANADIENS 0	
First Period	
No Scoring.	
Penalty — S.Kostiysyn Nash (tripping) 17:50.	
Second Period	
1. Nashville, Goc 4 (Bouillon) 1:19	
Penalties — Franson Nash (high-sticking) 5:28, Sullivan Nash (hooking) 7:00, Ward Nash (delay of game) 11:00, Cammalleri Mtl (inter-	

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE

KANSAS CITY ROYALS—Signed RHP Steven Shell and OF Brett Carroll to minor league contracts. Re-signed RHP Luis Mendoza, RHP Julio Pimentel, C Cody Clark, INF Irving Falu, INF Mario Lissón and INF Jamie Romak to minor-league contracts.

MINNESOTA TWINS—Signed manager Ron Gardenhire to a two-year contract extension through the 2013 season. Signed pitching coach Rick Anderson, bench coach Steve Liddle, bullpen coach Rick Stelmach, third base coach Scott Uliger, hitting coach Joe Vavra, first base coach Jerry White, athletic trainer Rick McWane, assistant athletic trainer Dave Pruemer and strength and conditioning coordinator Perry Castellano to two-year contracts through the 2012 season.

NEW YORK YANKEES—Traded 1B Juan Miranda to Arizona for RHP Scott Allen.

NATIONAL LEAGUE

ATLANTA BRAVES—Named Marty Reed pitching coach for Gwinnett (IL); Rocket Wheeler manager and Mike Alvarez pitching coach for Mississippi (SL); Luis Salazar manager, Derek Botello pitching coach and Bobby Moore hitting coach for Lynchburg (Carolina); Paul Runge manager, Derrick Lewis pitching coach, Carlos Mendez hitting coach and Ty Cobbs trainer for Rome (SAL); Randy Ingel manager, Gabe Lukert pitching coach and D.J. Boston hitting coach for Danville (Appalachian); Jonathan Schuerholz manager, Vladimir Nunez pitching coach and Brandon Harris trainer for the Braves (GCL).

COLORADO ROCKIES—Traded INF Clint Barmes to Houston Astros for RHP Felipe Paulino.

AMERICAN ASSOCIATION

FARGO-MOORHEAD REDHAWKS—Signed INF Carlo Cota.

FOOTBALL

NFL

CINCINNATI BENGALS—Signed DE Victor Adekunle. Placed DE Jonathan Fanene on injured reserve.

CLEVELAND BROWNS—Signed OL Jeff Hansen to the practice squad.

NEW YORK JETS—Waived DL Jarron Gilbert.

HOCKEY

LEAGUE OFFICE—Suspended Calgary F Olli Jokinen three games for a cross check to the head of Colorado's Wojtek Wolski in a Nov. 17 game. Suspended Tampa Bay F Mattias Ritola two games for hitting New York Islander Matt Moulson from behind in a Nov. 17 game.

CAROLINA HURRICANES—Reassigned D Brett Carson to Charlotte (AHL).

EDMONTON OILERS—Placed G Nikolai Khabibulin on injured reserve. Recalled G Martin Gerber from Oklahoma City (AHL).

MONTREAL CANADIENS—Recalled D Yannick Weber from Hamilton (AHL).

TAMPA BAY LIGHTNING—Recalled F James Wright and D Matt Roy from Norfolk (AHL).

CHARLOTTE CHECKERS—Assigned F Jared Staal to Florida (ECHL).

SPRINGFIELD FALCONS—Signed F Jay Pandolfo.

LACROSSE

NLL

COLORADO MAMMOTH—Signed F John Grant, Jr. to a three-year contract and F Dan Carey to a one-year contract. Placed F Derek Malawsky on the holdout list.

TORONTO ROCK—Agreed to terms with G Bob Watson on a one-year contract.

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
Boston	9	2	.818	—
New Jersey	4	7	.364	5
New York	4	8	.333	5½
Toronto	3	9	.250	6½
Philadelphia	2	10	.167	7½

SOUTHEAST DIVISION

	W	L	Pct	GB
Orlando	7	3	.700	—
Atlanta	8	4	.667	—
Miami	7	4	.636	½
Charlotte	4	7	.364	3½
Washington	3	7	.300	4

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	6	4	.600	—
Cleveland	5	5	.500	1
Indiana	5	5	.500	1
Milwaukee	5	6	.455	1½
Detroit	4	8	.333	3

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
New Orleans	9	1	.900	—
San Antonio	9	1	.900	—
Dallas	7	3	.700	2
Memphis	4	8	.333	6
Houston	3	8	.273	6½

NORTHWEST DIVISION

	W	L	Pct	GB
Utah	8	4	.667	—
Oklahoma City	7	4	.636	½
Portland	7	5	.583	1
Denver	6	5	.545	1½
Minnesota	4	9	.308	4½

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	10	2	.833	—
Golden State	7	4	.636	2½
Phoenix	6	5	.545	3½
Sacramento	3	7	.300	6
L.A. Clippers	1	12	.077	9½

Last night's results

Indiana 107 L.A. Clippers 80
Phoenix at Orlando
Denver at Portland

Wednesday's results

Miami 123 Phoenix 96
Toronto 94 Philadelphia 86
Boston 114 Washington 83
L.A. Lakers 103 Detroit 90
Minnesota 113 L.A. Clippers 111
New Orleans 99 Dallas 97
Oklahoma City 116 Houston 99
Utah 98 New Jersey 88
San Antonio 103 Chicago 94
New York 113 Sacramento 106

Tonight's games

(All times Eastern)
Oklahoma City at Boston, 7 p.m.
Milwaukee at Philadelphia, 7 p.m.
Houston at Toronto, 7 p.m.
Memphis at Washington, 7 p.m.
Charlotte at Miami, 7:30 p.m.
L.A. Lakers at Minnesota, 8 p.m.
Cleveland at New Orleans, 8 p.m.
San Antonio at Utah, 9 p.m.
Chicago at Dallas, 9:30 p.m.
New Jersey at Sacramento, 10 p.m.
New York at Golden State, 10:30 p.m.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	11	101	88	308	28.0
Ellis, OKC	11	110	59	292	26.5
Bryant, LAL	12	105	88	316	26.3
Rose, CHI	10	101	40	255	25.5
Anthony, DEN	11	101	59	271	24.6
Vlade, MIA	11	87	79	264	24.0
Gordon, LAC	10	77	72	236	23.6
Nowitzki, DAL	10	89	56	236	23.6
Gay, MEM	12	113	35	281	23.4
Westbrook, OKC	11	81	92	256	23.3
Martin, HOU	11	72	89	254	23.1
Gasol, LAL	12	111	53	275	22.9
Scola, HOU	11	102	48	252	22.9
Williams, UTA	12	88	73	267	22.3
Beasley, MIN	12	106	41	266	22.2

Not including last night's games

SOCCER

MLS PLAYOFFS

THIRD ROUND

Championship

MLS Cup

At Toronto

Sunday's game

(All times Eastern)

Colorado vs. FC Dallas, 8:30 p.m.

GOLF

EUROPEAN PGA

HONG KONG OPEN

At Hong Kong

Par 70

First Round

Mark Brown 31-31—62

Rory McIlroy 30-33-63

Jeev Milkha Singh 31-33-64

Simon Dyson 32-32-64

Soren Hansen 32-32-64

Graeme McDowell 32-32-65

Damien McGrane 32-32-65

Nam Young 30-35-65

Rhys Davies 32-33-65

Oliver Wilson 30-35-65

Kenneth Ferrie 34-32-66

Thongchai Jaidee 34-32-66

David Horsey 33-35-66

Richie Ramsay 30-36-66

Mo Joong-kyung 30-36-66

Sirrot Thammanoon 34-32-66

Gregory Bourdy 33-33-66

Tano Goya 32-34-66

Anders Hansen 34-32-66

David Howell 33-33-66

Jamie Donaldson 34-32-66

Ricardo Gonzalez 34-32-66

Also

\$25,495*

A red Ram 1500 pickup truck is shown from a front three-quarter view. The truck features a prominent chrome grille with the Ram logo in the center, a chrome bumper, and chrome side mirrors. The body is painted a vibrant red, with a gold-colored lower body cladding. The truck is equipped with large, black tires and silver multi-spoke wheels. The background is a plain, light gray.

THE NEW 2011 RAM 1500 QUAD CAB SXT 4X4

CUSTOMER CHOICE FINANCING

**WITH THE OPTION TO RETURN
AFTER 60 MONTHS**

- Remote Keyless Entry • 17" Aluminum wheels
- SIRIUS® Satellite Radio (includes one year of service)
- Temperature and compass gauges
- Premium interior door trim • Overhead console
- Power sliding rear window

WE'LL MAKE YOUR FIRST PAYMENT UP TO \$500*

RETURNING LEASE CUSTOMERS, GET UP TO \$1,500 LOYALTY CASH*



RAM

DECK THE DRIVEWAY HOLIDAY EVENT

RamTruck.ca/Offers

[illegible]

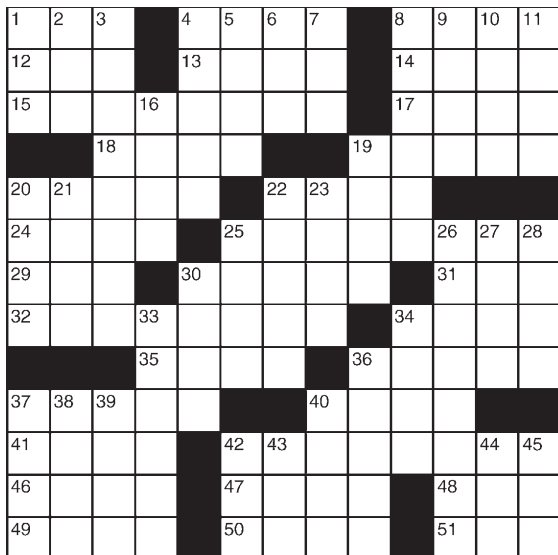
Crossword

Across

1 Year-end abbr.
4 Couch
8 — and crafts
12 Eggs
13 Do surveillance on
14 Enticement
15 Australia's capital
17 Recognize
18 Tramcar loads
19 Brigantine pair
20 Of an eye layer
22 Glide along
24 Drought relief
25 Biblical song
29 Sermon subject
30 Serf
31 "— the fields we go"
32 Episcopal, perhaps
34 Overly proper one
35 Go first
36 Artist's plaster of Paris mix
37 Wanderer
40 Ganges wrap
41 Grad
42 Jerky cousin?
46 Actress Wilson
47 Calla lily, e.g.
48 Time of your life?
49 Drunkards
50 Information
51 Present"

Down

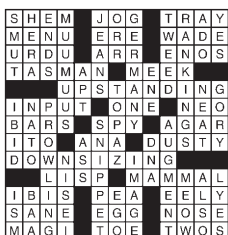
1 Happy companion?
2 Actress Mendes
3 Going downriver, in a way
4 Superman compar-



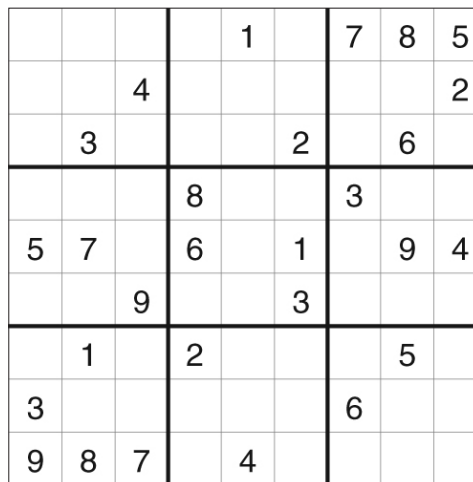
ison
5 Scull supply
6 Evergreen type
7 — carte
8 High-pH chemical
9 Baseball scores
10 Jog
11 Stitches
16 Cereal choice
19 Catcher's aid
20 — Major
21 Conceited
22 Dieter's lunch
23 In due time
25 Anatomical cavities
26 Napoleon, by

birth
27 Mainlanders' mementos
28 Therefore
30 Wasted no time
33 Camels' kin
34 Persian spirit
36 Third letter
37 Siestas
38 Margarine
39 No purebred
40 Filth
42 Cushion
43 Historic period
44 Past
45 Fresh

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

4	8	1	6	9	5	2	7	3
7	3	2	4	8	1	5	9	6
5	9	6	7	2	3	1	8	4
2	5	9	1	6	8	3	4	7
6	4	3	2	5	7	8	1	9
1	7	8	3	4	9	6	2	5
9	1	5	8	3	4	7	6	2
8	2	4	5	7	6	9	3	1
3	6	7	9	1	2	4	5	8

Today



0°/-4°
Variable

Saturday



5°/-5°
Wet flurries
40%



PROUD TO BE ONE OF
CANADA'S 50 BEST
MANAGED COMPANIES.

©The Weather Network 2010

Today's horoscope

♈ Aries March 21-April 20 You will be swamped with interesting offers today. Go for something a little quirky. It will appeal to your sense of adventure.

♉ Taurus April 21-May 21 Good fortune of one sort or another is heading your way and with the Sun and Uranus on the best possible terms you are sure to be surprised by how quickly it arrives and how dramatically it changes your life.

♊ Gemini May 22-June 21 Sometimes you can be a bit outspoken, which generally is a good thing, but you would be wise to watch what you say today. Not everyone is ready for your message.

♋ Cancer June 22-July 22 You don't have to be perfect in everything you do. Both at home and at work you will achieve more if you stop fretting and just act.

♌ Leo July 23-Aug. 23 Isn't it time you got started on bringing some kind of dream into physical being? You have thought about it and planned it in your mind long enough — now you must act, and act quickly.

♍ Virgo Aug. 24-Sept. 22 How serious are you about your aims and ambitions? Serious enough to risk everything you have accomplished up until now? That's the kind of motivation you will need to move up to the next level.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♎ Libra Sept. 23-Oct. 23 There is something you have wanted to do for years but for one reason or another never quite go around to. You must get your act together and show the world what you can do.

♏ Scorpio Oct. 24-Nov. 22 If you trust your instincts and follow your hunches you can achieve great things today. The Sun in your sign, allied to Uranus in Pisces, will inspire you. Fame and fortune await.

♐ Sagittarius Nov. 23-Dec. 21 The past few weeks have not been easy but now you can sense that a change is coming. When the Sun moves into your sign early next week you'll feel free to be yourself again.

♑ Capricorn Dec. 22-Jan. 20 This is no time for regret or remorse. What's done is done and cannot be undone, so forget about the past and think only of the future.

♒ Aquarius Jan. 21-Feb. 18 Uranus, your ruler, is on fine form today, so be true to your sign and do something out of the ordinary — the kind of thing no one would expect. Career-wise and money-wise you could hit the big time.

♓ Pisces Feb. 19-March 20 What is the one thing you desire more than anything else? Are you close to getting it yet? If not, don't worry because the breakthrough you've been waiting for is coming. **SALLY BROMPTON**

Caption contest

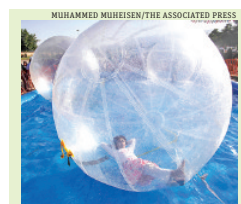


"Stay close! You don't want to get lost!"

BRETT BUTLER

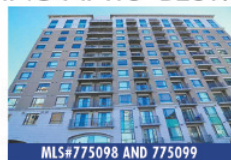
WIN! You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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